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Auxiliary Series

OFFICIAL HANDBOOK

**NEWARK PUBLIC SCHOOL
ATHLETIC ASSOCIATION**

1914-1915

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Spalding's Athletic Library

Official Handbook
of the
Newark Public School
Athletic Association

1914



1915

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The History of the Newark Public School Athletic Association

The Newark Public School Athletic Association was formed on April 26th, 1904. The first move towards such an organization was made by Arthur G. Balcom and Elmer K. Sexton, and at their invitation a number of the principals met together and decided to organize for the purpose of promoting public school athletics, and invited all the principals of the city to take part and assist in maintaining an active association.

REVIEW.

The first outdoor meet was held in June, 1904, and about five hundred boys competed in the different events. In 1905, the meet for the boys was carried out much the same as in the previous year with a large increase in the number of entries. In 1906, the same program was carried out again; in addition, the girls were permitted to take part in competitive gymnastic drills, and large numbers participated. In 1907, the girls were allowed a separate meet, which was held in the assembly-rooms of various schools. Besides the gymnastic events, the meet included races of various kinds. Much interest was aroused at these girls' meets; and large audiences attended. Each year saw an enormous increase in interest and activity among the boys and girls. The third year, eleven hundred boys competed in various contests. In 1908, two thousand boys took part; in 1909, the number grew to four thousand, and 1911 over 6,000. This large number was handled on two days.

AIM.

The aim of the Newark Public School Athletic Association is to develop the rational activities of the boys and girls. Judicious athletic sports are peculiarly needed at this time by city children, first because of the changed conditions of life in the home and the factory. Nowadays the available source of muscular development is very largely arrested by the adoption of machines and mechanical contrivances. A city boy does very little of the manual labor which enabled his father and grandfather to grow up strong and virile. Secondly, the opportunities for play under normal conditions have been lost because there is no longer space left in our cities for athletic sports. Thus the boys themselves are unable to secure opportunities for their own development in these lines because of the large financial outlay necessary to hire athletic fields and because they are unable to attack the

administrative problems which are necessary to run successfully associations of an athletic nature.

To run and jump and to test who is the stronger is a racial instinct. By judiciously directing these energies, strong and healthy men and women will be developed. More than that, the boys and girls will be educated in courteous conduct, to be patient and tolerant in defeat, generous and magnanimous in victory. The influence of these meets, moreover, extends throughout all the schools and has a strong, wholesome effect. School loyalty is worth while.

Physical vigor and power are just as closely related to the development of manhood and womanhood as they ever have been. Realizing this, the principals of Newark have undertaken to help boys and girls to enjoy activities which, without some outside assistance, of a financial and administrative nature, would be beyond their reach.

ORGANIZATION.

Very careful thought and attention have been given to the organization of the association and to the formation of rules and regulations which shall accomplish the objects and purposes for which it was formed and to prevent the evil practices which so often work their way into competitive athletics. The first rule of the Association provides that no girl or boy can take part in an athletic event whose class-room deportment and attention to study are not satisfactory. Thus the association wields a very great influence over the disciplinary and mental qualifications of its members. The Association has always had in mind its opportunity to wield a moral influence also, for fairness, gentlemanly conduct, and truthfulness in all matters pertaining to competition. Again, the men who have been in charge of this Association have taken great care that no strain of over-work should be put upon the heart, internal organs, or nervous functions of the body, and several rules have been made to prevent this grave evil.

It has been made a rule that every boy or girl who desires to take part in athletics shall undergo a physical examination by the school doctor. It has been made a rule that a boy shall not enter more than two events, one a racing event, and the other a field event. Still another rule divides the boys into age and height classes so that the smaller boys shall not compete with the larger ones.

By far the most important regulation, however, is one devised to interest great numbers of pupils in all-round development. Standard contests they were called. This meant that the com-

mittee had set a certain standard of proficiency in different events for pupils to attain in order that they might rank as average normal children in feats of running, jumping, and chinning the bar. A button was given to every pupil who reached a standard. More than ten thousand buttons have been given out already, thus testifying to the popularity of this phase of school work.

A new step is taken this year in the development of athletic exercises as a part of school work.

Tests for physical efficiency are substituted for the former standard events for boys. Charts are given in this book showing how these tests are to be rated. Testimonials are to be awarded instead of pins, and records are to be kept from year to year showing improvement in field and track work.

Although trial tests have been made and considerable work has been done along this line in one of our schools (Miller Street), the efficiency tests will be in a somewhat experimental stage this year, and it is earnestly desired by the Executive Committee that criticisms and suggestions be noted in the various schools and submitted to the committee for its information and guidance in the development of this new and radical departure in the future.

It is the aim of the Committee that these tests be given at convenient times and places during the months of April and May in each year, followed by the big Feld Day for prize events.

A new special event for Junior Prize contestants, meeting special requirements as to height, offered this year, is: Special 440-yard Relay Race, for four boys, under 13 years of age and under 4 feet 6 inches in height.

The classification into Juniors, Intermediates and Seniors, made in 1910, is continued for prize events, with the addition of the one Junior Midget Relay Race mentioned above.

The changes as outlined for the efficiency tests follow:

At a meeting of the Executive Committee, held February 26, 1915, it was voted that all standard events for boys be abolished, and in place of the former standard events an efficiency test be adopted.

(a) The boys will participate by school years, beginning with the third school year; provided, however, that the participants are 9 years of age or over.

(b) This efficiency test is to be based upon the three events listed below, 50-yard dash, chinning the bar, running high jump, under the following conditions:

Boys are to be rated according to standards fixed for the dif-

CHARTS OF PHYSICAL EFFICIENCY.

THIRD YEAR.

Per Cent	Chin-ning Bar	Run. High Jump	50 Yard Dash	Per Cent
100	12	4ft 0in	7 $\frac{1}{8}$ s	100
97	11	3ft 11in	7 $\frac{3}{8}$ s	97
94	10	3ft 10in		94
91		3ft 8in	7 $\frac{1}{2}$ s	91
88	9	3ft 6in		88
85		3ft 4in	7 $\frac{3}{4}$ s	85
82	8	3ft 3in	8s	82
79		3ft 2in		79
76	7	3ft 0in	8 $\frac{1}{8}$ s	76
73		2ft 11in	8 $\frac{1}{2}$ s	73
70	6	2ft 10in	8 $\frac{3}{8}$ s	70
67	5	2ft 9in	8 $\frac{1}{4}$ s	67
64	4	2ft 6in	9s	64
61	3	2ft 3in	9 $\frac{1}{2}$ s	61
58	2	2ft 0in	10 $\frac{1}{8}$ s	58

FOURTH YEAR.

Per Cent	Chin-ning Bar	Run. High Jump	50 Yard Dash	Per Cent
100	12	4ft 0in	7 $\frac{1}{8}$ s	100
97	11	3ft 11in	7 $\frac{3}{8}$ s	97
94	10	3ft 10in		94
91		3ft 8in	7 $\frac{1}{2}$ s	91
88	9	3ft 6in		88
85		3ft 4in	7 $\frac{3}{4}$ s	85
82	8	3ft 3in	8s	82
79		3ft 2in		79
76	7	3ft 0in	8 $\frac{1}{8}$ s	76
73		2ft 11in	8 $\frac{1}{2}$ s	73
70	6	2ft 10in	8 $\frac{3}{8}$ s	70
67	5	2ft 9in	8 $\frac{1}{4}$ s	67
64	4	2ft 6in	9 $\frac{1}{8}$ s	64
61	3	2ft 3in	9 $\frac{3}{8}$ s	61
58	2	2ft 0in	10 $\frac{3}{8}$ s	58

FIFTH YEAR.

Per Cent	Chin-ning Bar	Run. High Jump	50 Yard Dash	Per Cent
100	12	4ft 3in	6 $\frac{1}{4}$ s	100
97	11	4ft 2in	7s	97
94	10	4ft 1in		94
91		4ft 0in	7 $\frac{1}{8}$ s	91
88	9	3ft 11in		88
85		3ft 10in	7 $\frac{1}{2}$ s	85
82	8	3ft 8in	7 $\frac{3}{8}$ s	82
79		3ft 6in		79
76	7	3ft 4in	7 $\frac{3}{4}$ s	76
73		3ft 2in	8s	73
70	6	3ft 0in	8 $\frac{1}{8}$ s	70
67	5	2ft 9in	8 $\frac{1}{4}$ s	67
64	4	2ft 6in	9 $\frac{1}{8}$ s	64
61	3	2ft 3in	9 $\frac{3}{8}$ s	61
58	2	2ft 0in	10 $\frac{1}{8}$ s	58

SIXTH YEAR.

Per Cent	Chin-ning Bar	Run. High Jump	50 Yard Dash	Per Cent
100	13	4ft 6in	6 $\frac{1}{8}$ s	100
97	12	4ft 5in	6 $\frac{3}{8}$ s	97
94	11	4ft 4in		94
91		4ft 3in	6 $\frac{1}{4}$ s	91
88	10	4ft 2in		88
85		4ft 1in	7s	85
82	9	4ft 0in		82
79		3ft 10in	7 $\frac{1}{8}$ s	79
76	8	3ft 8in	7 $\frac{1}{2}$ s	76
73		3ft 6in		73
70	7	3ft 4in	7 $\frac{3}{8}$ s	70
67	6	3ft 1in	7 $\frac{1}{4}$ s	67
64	5	2ft 10in	8 $\frac{1}{8}$ s	64
61	4	2ft 7in	8 $\frac{3}{8}$ s	61
58	3	2ft 4in	9 $\frac{1}{8}$ s	58

SEVENTH YEAR.

Per Cent	Chin-ning Bar	Run. High Jump	50 Yard Dash	Per Cent
100	14	4ft 9in	6s	100
97	13	4ft 8in	6 $\frac{1}{8}$ s	97
94	12	4ft 7in		94
91		4ft 6in	6 $\frac{1}{2}$ s	91
88	11	4ft 5in		88
85		4ft 4in	6 $\frac{3}{8}$ s	85
82	10	4ft 3in	6 $\frac{1}{4}$ s	82
79		4ft 2in		79
76	9	4ft 1in	7s	76
73		3ft 10in	7 $\frac{1}{8}$ s	73
70	8	3ft 8in	7 $\frac{1}{2}$ s	70
67	7	3ft 5in	7 $\frac{3}{8}$ s	67
64	6	3ft 1in	8 $\frac{1}{8}$ s	64
61	5	2ft 10in	8 $\frac{3}{8}$ s	61
58	4	2ft 6in	9s	58

EIGHTH YEAR.

Per Cent	Chin-ning Bar	Run. High Jump	50 Yard Dash	Per Cent
100	15	5ft	5 $\frac{1}{8}$ s	100
97	14	4ft 10in	6s	97
94	13	4ft 8in		94
91		4ft 6in	6 $\frac{1}{4}$ s	91
88	12	4ft 4in		88
85		4ft 2in	6 $\frac{3}{8}$ s	85
82	11	4ft 1in		82
79		4ft	6 $\frac{1}{2}$ s	79
76	10	3ft 11in		76
73		3ft 10in	6 $\frac{1}{8}$ s	73
70	9	3ft 9in	7s	70
67	8	3ft 6in	7 $\frac{1}{2}$ s	67
64	7	3ft 2in	7 $\frac{3}{8}$ s	64
61	6	2ft 10in	8s	61
58	5	2ft 6in	8 $\frac{1}{8}$ s	58

Participants must be at least nine years of age in any grade to take part.

ferent school years, as shown by the charts for the various school years. These charts are to be hung in the proper classrooms in order that the teachers and the boys may become familiar with the new method.

(c) A contestant securing an average standing in these three events in the test will be entitled to a testimonial in Physical Efficiency as follows:

- 70—80 a testimonial with a blue seal.
- 80—90 a testimonial with a red seal.
- 90—100 a testimonial with a gold seal.

(d) These tests may be given at the convenience of the various schools during April, May and the first half of June.

(e) As far as possible, these tests may be given in the gymnasiums, courts, school-yards, and, if necessary, the parks and physical training field may be used.

The prize events are as follows:

- | | |
|--------------|--|
| JUNIOR | 50 yard dash.
Running high jump.
Running broad jump.
440-yard relay race, 4 boys to a team.
440-yard midget race, 4 boys to a team. (Participants in this race must be of junior age, and under 4 feet 6 inches in height.) |
| INTERMEDIATE | 75-yard dash.
Running high jump.
Running broad jump.
Standing hop, step, and jump.
600-yard relay race, 4 boys to a team. |
| SENIOR | 100-yard dash.
220-yard dash (boys in this race not eligible for the relay).
120-yard hurdle race (all hurdles to be left standing in order to make a record; more than 3 hurdles down constitutes a disqualification).
Running high jump.
Running broad jump.
Pole vault.
880-yard relay race, 4 boys to a team.
Putting the 12-lb. shot.
Running, hop, step, and jump. |

The Public School Athletic Association offers four prizes for each of these events; a gold, a silver and a bronze disc with a winged foot in raised design; a button for 4th place.

The Newark Public School Athletic Association has fostered base ball, soccer foot ball and basket ball. Forty-six base ball teams are entered in six leagues this year. Soccer foot ball has been running six years, and twenty-one teams were entered in four leagues last winter. Twenty-three teams competed for the basket ball championship of the Newark Public Schools this year.

The rapid growth of the Association in nine years, from a meet of five hundred boys to an entry list of eight thousand boys and girls, indicates the growing necessity for athletic fields. The time is approaching when the attention of the Mayor must be called to the urgent need of an athletic field in the southern part of the city.

Trophy Winners Eleventh Annual School Meet, June, 1914

CUP

For the school scoring most points in the meet (boys and girls)

Donor—Mayor Jacob Haussling

Winner—Sussex Avenue School

CUP

For the school scoring most points in the events (boys)

Donor—Newark Sunday Call

Winner—Sussex Avenue School

CUP

For the school scoring most points in the track prize events
(boys)

Donor—Nathaniel P. King

Winner—Sussex Avenue School

CUP

For the school scoring most points in field events (boys)

Donor—Richard C. Jenkinson

Winner—Boys' Industrial School

CUP

For the school scoring most points in track events (boys)

Donor—Supervisor Charles A. McCall

Winner—Sussex Avenue School

CUP

For the school winning greatest number of first places in prize
events (both boys and girls)

Donor—Charles P. Taylor

Winner—Boys' Industrial School

CUP

For the school winning the senior relay race

Donor—Robert D. Argue

Winner—Sussex Avenue School

CUP

For the school winning the intermediate relay race

Donor—J. Wilmer Kennedy

Winner—Hawthorne Avenue School

CUP

For the school winning the junior relay race

Donor—E. G. Guilbert

Winner—Madison School

SPECIAL TROPHY CUP

For the school making the greatest number of points in all prize events, irrespective of percentage, (boys and girls)

Donor—Frank H. Holt & Co.

Winner—Sussex Avenue School

CUP

For the school scoring most points in standard events (boys and girls)

Donor—Samuel Gaiser

Winner—Sussex Avenue School

CUP

For the school scoring most points in events (girls)

Donor—Frederick F. Guild

Winner—Sussex Avenue School

CUP

For the school winning the oat-bag relay race (girls)

Donor—George W. Knight

Winner—Sussex Avenue School

CUP

For the school winning the flag relay race (girls)

Donor—Dr. George J. Holmes

Winner—Miller Street School

CUP

For the school winning the potato race (girls)

Donor—Franklin School Alumni

Winner—South Eighth Street School

CUP

For the school winning the 440-yard relay race (girls)

Donor—E. K. Sexton

Winner—Cleveland School

CUP

For the school winning the dodge ball contest (girls)

Donor—L. H. Carris

Winner—Fourteenth Avenue School

BASE BALL, 1914

CUP

Northern Senior Base Ball League

Donor—A. G. Spalding & Bros.

Winner—Boys' Industrial School

CUP

Southern Senior Base Ball League

Donor—A. G. Spalding & Bros.

Winner—Morton Street School

CUP

Northern Junior Base Ball League

Donor—A. G. Spalding & Bros.

Winner—Seventh Avenue School

CUP

Western Junior Base Ball League
Donor—A. G. Spalding & Bros.
Winner—Franklin School

CUP

Southern Junior Base Ball League
Donor—A. G. Spalding & Bros.
Winner—Morton Street School

CUP

City Championship Senior Base Ball League
Donor—A. G. Spalding & Bros.
Winner—Boys' Industrial School

CUP

City Championship Junior Base Ball League
Winner—Morton Street School

SOCCER FOOT BALL, 1914

CUP

Southern Senior Soccer League
Winner—Hawthorne School

CUP

Northern Senior Soccer League
Winner—Boys' Industrial School

CUP

Senior City Championship
Winner—Boys' Industrial School

CUP

Southern Junior Soccer League
Winner—Hawthorne School

CUP

Northern Junior Soccer League
Winner—Central Avenue School

CUP

Junior City Championship
Winner—Central Avenue School

BASKET BALL, 1914-1915

CUP

Southern Senior Basket Ball League
Winner—Boys' Industrial School

CUP

Southern Senior Basket Ball League
Winner—Montgomery School

CUP

City Championship—Senior
Winner—Montgomery School

CUP

Intermediate Basket Ball League
Winner—Madison School

CUP

Junior Basket Ball League
Winner—Belmont Avenue School

Records of the Newark Public School Athletic Association

JUNIOR

Junior 50-yard dash, 6 3-5 seconds. Launcelot Dixon, Central Avenue; Lloyd Dimsey, Chestnut Street.

Junior 440-yard relay, 1 minute. Percy Smith and team, City Home and Sussex Avenue (new classification).

Junior running broad jump, 13 feet 7 inches. Freeman Hopwood, Miller Street (new classification).

Junior running high jump, 4 feet 3 inches. John Bauder, Bergen Street School.

INTERMEDIATE

75-yard dash, 8 4-5 seconds. Cosino Esposito, Franklin School.

Running high jump, 4 feet 8 inches. Leo Wagner, Central Ave.

Running broad jump, 16 feet 13 1/4 inches. Adelbert Bundy, Fourteenth Avenue School.

Standing hop, step and jump, 23 feet 4 inches. Leonard Watson, City Home.

600-yard relay, 1 minute 13 1/5 seconds. Hawthorne School.

SENIOR

Senior running broad jump, 19 feet 10 inches. Elsworth Wyre, Morton Street.

Senior running high jump, 5 feet 2 1/2 inches. Rupert Mills, Franklin.

Senior putting 12-lb. shot, 39 feet 4 inches. Walter Schwinn, Summer Avenue.

Senior pole vault, 9 feet. Cyrus Hasbrook, South Eighth Street School.

Senior running, hop, step and jump, 37 feet 2 inches. Morris Morganstein, Robert Treat School.

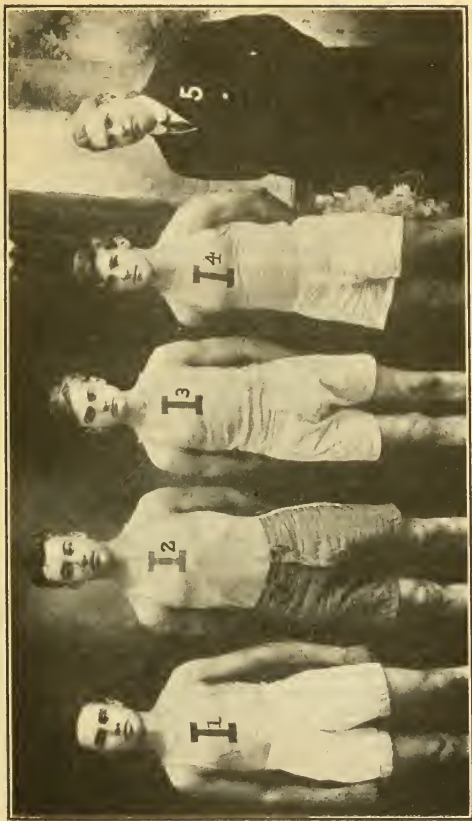
Senior 100-yard dash, 10 3-5 seconds. Fred Muenster, Sussex Avenue.

Senior 220-yard dash, 26 1-5 seconds. Frank Brown, Elliott St.

Senior 120-yard hurdle, 16 4-5 seconds. Clarence Markley, Boys' Industrial School.

880-yard relay unlimited; 1 minute, 41 4-5 seconds. Franklin School.

Note.—The Executive Committee of the Newark Public School Athletic Association decided to omit the records of discontinued events from this book. The records are those made under the present requirements as to age and height.



1, Hochart; 2, Krettler; 3, Bischoff; 4, Markley; 5, Mr. Parali, Coach.

BOYS' INDUSTRIAL SCHOOL TRACK AND FIELD TEAM,
Winners of Trophies for Field Events and First Places.

Prize Records—Boys' Events 1914

JUNIOR EVENTS.

Event No. 1.

50 YARD DASH.

First... Raymond Campbell... (Madison School)
Time, 6 4-5 seconds.

Second..... Paul Schumacher (Madison School)

Third..... Edson Gould (Peshine Avenue)

Fourth..... Rudolph Friedman (Camden Street)

Event No. 2.

RUNNING HIGH JUMP.

First..... Harry Hopkins (Sussex Avenue)
Height, 4 feet 1 inch.

Second..... Paul Schumacher (Madison School)

Third..... Edson Gould (Peshine Avenue)

Fourth..... Harry Goodman (Morton Street)

Event No. 3.

RUNNING BROAD JUMP.

First..... Frank Saslow (Morton Street)
Distance, 13 feet 3 inches.

Second... Thomas Caccierelli (Abington Avenue)

Third..... Bennie Mazer (Morton Street)

Fourth..... Leo Daniels (Abington Avenue)

Event No. 4.

440 YARD RELAY RACE.

First..... Madison School
(Julius Peterson, Raymond Campbell, Arthur
Roelike, Paul Schumacher)
Time, 1 minute 3 seconds.

Second..... Fourteenth Avenue

Third South Eighth Street

Fourth Abington Avenue

INTERMEDIATE EVENTS.

Event No. 5.

75 YARD DASH.

First.....Irvin Weippert (Central Avenue)
Time, 9 seconds.

Second....Cephas Slatter (Hawthorne Avenue)

Third.....Donatus Caprio (Franklin School)

Fourth....Herbert Grieshaber (Madison School)

Event No. 6.

STANDING HOP, STEP AND JUMP.

First.....Leonard Watson (Newark City Home)
Distance, 23 feet 4 inches (new record).

Second.....Fred Balsamo (Thirteenth Avenue)

Third.....Gilbert Van Dyke (City Home)

Fourth.....Eugene Campbell (Madison School)

Event No. 7.

RUNNING HIGH JUMP.

First.....Irving Parker (Elliott Street)
Height, 4 feet 4 inches.

Second.....John Bauder (Bergen Street)

Third....Warner Bellah (North Seventh Street)

Fourth.....Leo Lalor (Franklin School)

Event No. 8.

RUNNING BROAD JUMP.

First.....Arthur Schiller (Fourteenth Avenue)
Distance, 15 feet 7 inches.

Second.....Irvin Weippert (Central Avenue)

Third.....Clarence Mattoon (Sussex Avenue)

Event No. 9.

600 YARD RELAY RACE.

First.....Hawthorne Avenue School
Time, 1 minute 13 1-5 seconds.

SecondFourteenth Avenue

Third.....Sussex Avenue

Fourth.....Hamburg Place

SENIOR EVENTS.

Event No. 10.

100 YARD DASH.

First.....Fred Muenster (Sussex Avenue)

Time, 10 3-5 seconds (new record).

Second.....Peter Burnett (Sussex Avenue)

Third.....Patsy Minichi (Abington Avenue)

Fourth.....Joseph Mignone (Central Avenue)

Event No. 11.

220 YARD DASH.

First.....Phillip Hochart (Boys' Industrial)

Time, 27 seconds.

Second.....Arthur Sommer (Sussex Avenue)

Third.....Rodney Wilson (Sussex Avenue)

Event No. 12.

120 YARD HURDLE RACE.

First.....Clarence Markley (Boys' Industrial)

Time, 16 4-5 seconds (new record).

Second.....Vincent Lalor (Franklin School)

Third.....George Freggens (Franklin School)

Fourth.....Arthur Klickert (City Home)

Event No. 13.

RUNNING HIGH JUMP.

First.....Fred Muenster (Sussex Avenue)

Height, 5 feet.

Second.....Vincent Lalor (Franklin School)

Third.....Elwood Bevensee (Miller Street)

Fourth.....Alex Krogh (Cleveland School)

Event No. 14.

RUNNING HOP, STEP AND JUMP.

First.....Peter Burnett (Sussex Avenue)

Distance, 37 feet 10 5-8 inches (new record).

Second.....Scanlon (North Seventh Street)

Third.....Joseph Mignone (Central Avenue)

Fourth.....Max Ribner (Morton Street)

*Event No. 15.***PUTTING 12 POUND SHOT.**

- First.....Oscar Kreidler.....(Boys' Industrial)
 Distance, 34 feet 7 3-4 inches.
- Second.....Abie Schenkel (Morton Street)
- Third.....Enoch Mayo (City Home)
- Fourth.....Arthur Wells (City Home)

*Event No. 16.***RUNNING BROAD JUMP.**

- First.....Clarence Markley (Boys' Industrial)
 Distance, 15 feet 5 1-2 inches.
- Second.....Deyo Saunders (Bergen Street)
- Third.....McClure (Sussex Avenue)
- Fourth.....Henry Bischoff (Boys' Industrial)

*Event No. 17.***POLE VAULT.**

- First.....George Freggens (Franklin School)
 Height, 7 feet 6 inches.
- Second.....Frank Rowley (Franklin School)
- Third.....Andrew Kiefer (South Eighth Street)

*Event No. 18.***880 YARD RELAY RACE.**

- First.....Sussex Avenue School
 Time, 1 minute 45 seconds.
- Second.....Miller Street
- Third.....Central Avenue



1, Blanch Robbins; 2, Lena Wattenmaker; 3, Alice Munningham; 4, Frances Smith; 5, Rose Gordon; 6, Una Eberhardt; 7, Rose Goldstein; 8, Louise Nietzer; 9, Alma Mislowitz.

CLEVELAND SCHOOL,

Winners of 440 Yards Relay Race.

Prize Records—Girls' Events 1914

Event No. 1.

OAT-BAG RELAY RACE.

First.....Sussex Avenue School

Time, 1 minute 31 2-5 seconds.

Second.....Franklin School

Third.....Fourteenth Avenue School

Fourth.....Miller Street School

Event No. 2.

440 YARD RELAY RACE.

First.....Cleveland School

Time, 1 minute 6 4-5 seconds.

Second.....Madison School

Third.....Miller Street School

Fourth.....Abington Avenue School

Event No. 3.

FLAG RELAY RACE.

First.....Miller Street School

Time, 41 seconds.

Second.....Sussex Avenue School

Third.....Fourteenth Avenue School

Fourth.....North Seventh Street School

Event No. 4.

POTATO RELAY RACE.

First.....South Eighth Street School

Time, 1 minute 38 2-5 seconds.

Second.....Franklin School

Third.....Ridge Street School

Fourth.....Roseville Avenue School

The Girls' Athletics Branch of the Newark Public School Athletic Association

In 1913 a Woman's Advisory Committee was formed, to act with the Executive Committee of the Newark Public School Athletic Association on all matters pertaining to Girls' Athletics. The Committee consists of:

MISS JULIA HEALY

Contemporary Club

MRS. HENRY CRAMPTON

Civic Club

MRS. BEATRICE M. STERN

College Women's Club

DR. FLORENCE E. VOORHEES

Medical Department

MISS KATHERINE QUINN

Bergen Street School

History of the Girls' Branch

The Girls' Branch of the Newark Public School Athletic Association was first inaugurated for the athletic meet in 1906, and its particular object was to give an opportunity to the growing girls of the city to develop bodily health and physical strength by outdoor exercise.

The first competition of the girls consisted of gymnastic drills and exercises taken from the course in physical training and was held on the Orange Oval in connection with the boys' meet on June 5, 1906. It was hoped that with this beginning enough interest would be aroused in the physical development of girls to make some form of permanent outdoor exercise possible for girls. This small beginning proved more successful than the committee had hoped for, though it was shown that the noise of the boys' meet interfered with the attention and interest of the girls' events.

The next year the scope of the athletics for girls was somewhat increased, and besides the classroom gymnastics, certain athletic events were included, and it was decided to divide the city into four general districts and to hold the girls' meet in a central auditorium of each district. About eleven hundred girls took part in these district meets, and the success was phenomenal. In some of the centers the public interest was so great that people had to be turned away from the doors.

In 1908, the girls' meets grew in importance and popularity. Indeed many people consider the girls' meet in the armory to be more interesting than the boys' meet at Wiedenmeyer's Park.

In 1909, a new feature was introduced in the shape of a standard event for the eighth year girls, and a standard pin equal in every way to the boys' button was given to any girl of the eighth grade who could throw the basket ball 40 feet.

It is the policy of the Executive Committee of the Public School Athletic Association to encourage the development of suitable forms of exercise and recreation for the great mass of girls in the public schools, and to avoid all evils of over-strain or excitement by carefully selecting the competitive events. The committee recognizes that the question of girls' athletics must be handled in a very different manner from that of the boys' and in no case has it introduced competition which would do harm to the delicate organism of the growing girl.

The outgrowth of the meets compelled us in former years to separate the girls' athletics from their gymnastics and at the present time competitive gymnastics have been discontinued altogether.

In 1910 a decided innovation was made by the committee in establishing standard events for girls in four grades. The girls were given pins the same as the boys were given buttons when they made a standard.

This year a very liberal policy has been adopted and a girl is allowed to choose a standard from several open to members in her grade.

Instead of a button, a testimonial, properly designed, will be presented to every successful participant.

GIRLS' ATHLETIC MEET.

Held Annually at the Physical Training Field.

There shall be an annual athletic meet held each year for the girls which shall consist of the following events:

EVENTS.

GIRLS' PRIZE EVENTS.

8—A and 8—B

Oat-Bag Relay (10 girls to a team).

7—A and 7—B

440 Yard Relay (10 girls to a team).

6—A and 6—B

Flag Relay (Flag to be without stick and to be at least 16 inches long, 6 girls to a team).

5—A and 5—B

Potato Relay Race (8 girls to a team).

Individual prize event, open to girls above fourth year.

50 yard Hurdle Race, four hurdles 22 inches high, 10 yards apart (5 entries allowed from each school).

GIRLS' STANDARD EVENTS.

Seventh and Eighth Year May Choose One.

Throwing the basket ball for distance—40 feet (3 trials).
(Ball to be thrown over hand or under hand using one hand only.)

50 yard dash—7 3-5 seconds.

Running high jump, height 2 feet 8 inches (subject to adjustment).

6—A and 6—B

Throwing an indoor baseball 12 inches in circumference 65 feet (subject to adjustment). Girl must have both feet behind a base line and throw the ball over hand across a line 65 feet away.

5—A and 5—B

35-yard dash—5 3-5 seconds.

4—A and 4—B

Hand walk twice the length of a 16-foot horizontal ladder without touching the floor, over and back with a turn.
Running broad jump—9 feet.

Oat-Bag Relay

For Girls in 8—B and 8—A Grades.

The oat-bag relay race consists of a competition of teams made up of ten girls from the eighth year, who take their places in the ten transverse 3-foot spaces, as shown in the diagram, facing the front line.

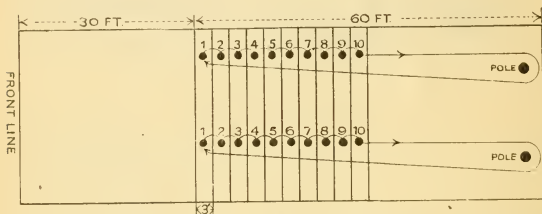


Diagram Illustrating Oat-Bag Relay.

No. 1 girl, standing in space 1, passes a 4-lb. oat-bag, about 8 inches in diameter, at the signal, over her head with both hands, to No. 2 girl behind. Girl No. 2 passes to No. 3, etc., until it reaches girl No. 10, who turns and runs around the pole in the rear, grasping the pole in circling if she chooses to do so, and proceeds to the space formerly occupied by girl No. 1 (girls not running with the bag move back one space while the girl is running with the bag).

When girl No. 10 takes her place in the first space she passes the bag as it was passed in the first place. The race proceeds until girl No. 1 finally runs with the bag. She not only circles the pole but must proceed forward past the other members of her team and cross the front or finishing line, which is 30 feet in front of first line of first space.

440-Yard Relay

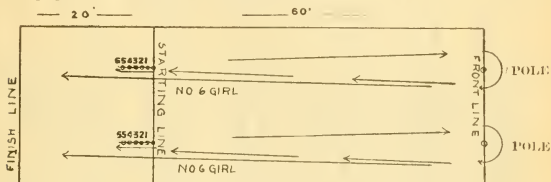
For girls in 7A and 7B.

Ten girls to a team; each girl stationed on a mark 44 yards apart. At the starting signal the first girl runs to the second and touches her off in the manner of boys' relays. The race continues until the 10th girl finishes across the finish line. (Each girl must hand next runner on team a baton twelve inches by one-half inch.)

Flag Relay Race

For girls of the 6A and 6B.

Flag relay race consists of a competition of teams made up of six pupils from the 6A and 6-B grades of each school. The



GIRLS FACE FRONT LINE OR POLE.

Diagram Illustrating Flag Relay Race.

teams line up as in the oat-bag relay race; that is, one behind the other, the front or No. 1 girl standing on the starting line and the rest of the team standing behind her. Sixty feet in front of the first girl (in the oat-bag race it is behind) is a line drawn parallel to the starting line, and behind the starting line and back of the team the finish line is drawn twenty feet away (in the oat-bag race this line is in front of the girls). In front of each team on the line sixty feet in front a pole is set up. At the word of command the first or No. 1 girl, who holds a United States Flag, 16 inches in length, without stick, runs to the pole in front of her team, circles it with her right side towards the pole and returns to the starting line, where the second member or No. 2 girl of the team has taken her position ready to run. As the first runner runs by on the right side of her team mates, she

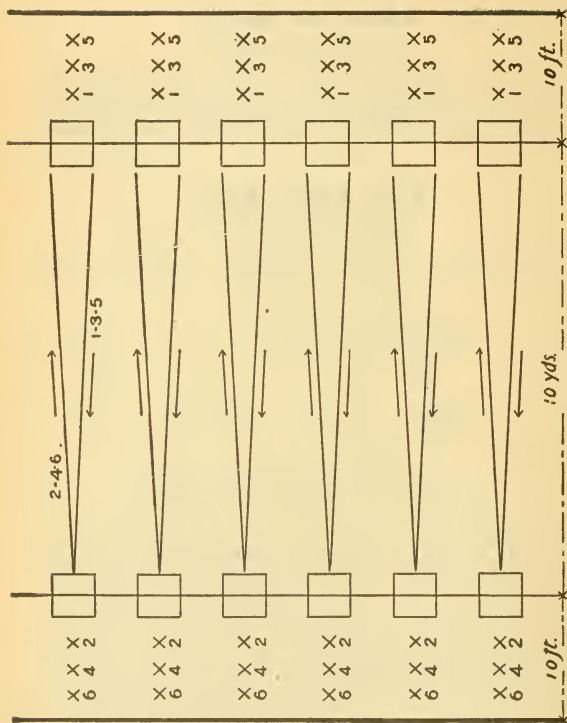


DIAGRAM SHOWING LINE-UP, DISTANCES AND ARRANGEMENT OF PLAYERS IN POTATO RELAY RACE.

hands the flag to the outstretched right hand of the one on the starting line, who immediately dashes off to circle the pole as the first member of the team has done before. Each one in turn on the team receives the flag, runs around the pole and returns to the starting line where she delivers the flag as above described, and then takes her place back of the line of standing team mates. Each member takes her place back of the one last running, except the sixth member or No. 6 girl of the team. When she receives the flag, she runs around the pole, returns and crosses the starting line and continues on to the finish line, which has been said was twenty feet behind the starting line.

The flag should not be dropped throughout the race; but any girl who drops one must pick it up before continuing the race.

Any girl may take hold of the pole as an aid to circling it.

Potato Relay Race

For girls of the 5A and 5B. (8 in a team.)

The Potato Relay Race consists of a contest between teams of eight girls from the 5A and 5B grades.

The competitors line up standing behind two stands, which are 20 yards apart. The 1st, 3d, 5th and 7th girls stand behind one of the stands and the 2nd, 4th, 6th and 8th stand behind the opposite one. At the signal No. 1 takes her place on the right side of her stand. At the pistol shot she runs to the opposite stand from which she brings one potato and places it on her own stand, which is empty; having placed this potato on the stand she runs and touches No. 2 girl, who has taken her place on the right side of her stand, toeing the mark. The touch off is made the same as in the Flag Relay. After No 1 makes the touch off she takes her place on a line 10 ft. back of the starting line and sits down. The same order is followed by numbers two, three, four, five, six, seven and eight. No. 8 finishes the race by crossing the opposite starting line and holding up her hand. (Each girl will run 60 yards.)

The potatoes must be on the stand; if they roll off they must be put back by the one who makes the mistake, otherwise the team shall be disqualified.

Newcomb

A Game for the Gymnasium or Playground.

APPARATUS.

The game is played with an indoor base ball, and requires also a Division Line or "Rope" and "Posts." The Division Line is

supported by the posts, so constructed as to vary the height of the rope and adjustable as to length of rope required, to accommodate a different width of court or space. The official Newcomb Rope is 34 feet long and $\frac{1}{2}$ inch in diameter. Where the walls form the Boundary Lines, a "Brace" should be used to secure the rope.

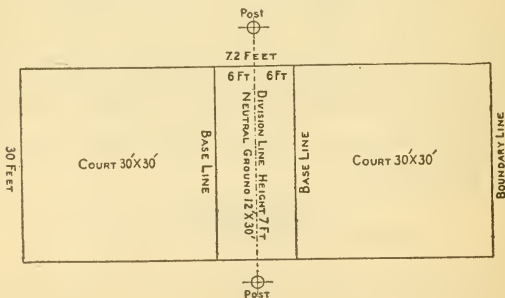
HOW TO ARRANGE THE GAME.

I. In the Gymnasium.

For the arrangement of the court, see diagram. Lines are made by painting them upon the floor. These lines should be about two inches in width. The posts for the rope should be at least one foot outside the Boundary Lines. The rope should divide the space into two equal parts. This rope is known as the Division Line. The space between is called the Neutral Ground. The height of the rope should be seven feet above the ground.

THE GAME.

The space between the Base Line and end of the field is known as the "Court." The players are arranged at irregular intervals over the court; the object being to cover this space as effectually as possible to prevent the opposing player making a "touch-down." The object of the game is to throw the ball over the rope and to make it touch any clear space in the enemy's court. This is called a "touch-down" and constitutes one point for the side sending the ball. A foul adds one to the opponent's score. The game calls for an equal number of players on each team. The official game calls for twenty players on a side.



STARTING THE GAME.

Match games occupy two halves of ten minutes each. The game is opened by the instructor, or referee, who stands in the neutral ground and tosses up the ball as in Basket Ball. The Captains, or some players selected, stand at the middle of the field, and as the ball is thrown, they jump with the object of tapping it toward their respective courts. When the ball is secured by one team both Captains or players return to their respective positions and thereafter must not play in the neutral territory. THE SIDE THAT SECURES THE BALL OPENS THE GAME. When the whistle is blown for the end of the first half, or the conclusion of the game, and a ball is in the air, its result shall be counted. For the second half of the game, the teams change courts. The game is begun as in the first half.

RULES.

1. A "touch-down" shall count one for the side sending the ball.
2. A foul shall add one point to opponents' score.
3. A majority of points decides the game.
4. The players must stand within the Boundary Lines.
5. No player shall step over the lines except to secure an "out" ball.
6. A ball thrown by a player and landing out of the Boundary Lines shall be counted a foul.
7. The ball must be thrown with one hand. It cannot be kicked.
8. No player shall catch, or throw the ball while down; but must be standing.
9. The ball must clear the rope and touch the opposite court to constitute a "touch-down."
10. If a ball is batted into the neutral ground by a player receiving it, it shall constitute a foul against the side receiving the ball.
11. An "out" ball beyond the Boundary Lines, shall constitute a foul unless tapped by a player as it passes over the court. When it counts against side *receiving* the ball. It should be returned to play at the nearest point of its passage and exit from the court.
12. If, in passing the ball to another player on the same team, it should be dropped to the floor (ground) it shall constitute a foul.
13. A ball striking the wall and bounding into the neutral ground or court, shall constitute a foul for the team sending the ball.
14. There shall be no protests, except by the Captain; no talking, no general disturbance of the game.



1, Henry; 2, Caprio; 3, Thiele; 4, Summonte; 5, Fordney; 6, Barnes; 7, Spina; 8, Amberg.

FRANKLIN SCHOOL POTATO RELAY TEAM,

Second Place Winners.

15. The ball must not be thrown under the rope nor between the Base Lines.
16. In match games unavoidable loss of time shall be deducted.
17. When the question arises between teams as to whose ball shall be used, each team may furnish the ball for one half of the game.
18. In the absence of a regular instructor the Captain shall decide the position of the players in the court.
19. The team shall change courts during the second half of the game.

FOULS.

1. When the ball touches the rope.
2. When the ball passes under the rope.
3. When the ball falls into the neutral ground—counts against side sending the ball.
4. Tapping the ball over the lines—counts against side receiving the ball.
5. Deliberately hitting a player with the ball.
6. Falling down with the ball.
7. Audible signals.
8. Needlessly rough playing.
9. Unnecessary protests.
10. Talking, or any disturbance of the game.
11. Running all over the court.
12. Stepping over, or on, the lines.
13. Playing out of Boundary Lines.
14. Needlessly high ball.
15. Dropping the ball.
16. Any violation of the rules of the game.

TACTICS.

The object of the game is to secure the ball, guarding the ground on which you stand, as that will prevent the opposite team's securing a "touch-down." Learn to throw curved balls that will clear the rope, and that will be difficult for opponent to catch. Remember that "out" balls are simply a waste of time. Make a careful distribution of players. Do not put all the best players together. Look for the enemies' weakest defense and throw your ball in that direction. While the players do not have to stand in a given position, it is well to prevent general running over the field, as that confuses the players and obstructs the play. A limited radius should be understood for each player; and to secure the best team work, the player who receives the ball should throw it. Never look in the direction you intend to throw the ball. Remember it is skillful rather than violent playing that secures

the game. Vary your plays; do not always aim in the same direction. Try to help your team by giving it your best effort; but do not get in the way of other players, and **DO NOT TRY TO DO ALL THE PLAYING YOURSELF**. Again, remember, to win, the **ENTIRE TEAM** must work.

Captain Ball

16 players on a team. Playground; gymnasium.

GROUND.—The ground is divided into two equal parts by a line through the center. In each half are marked 10 bases in the form of small circles two feet in diameter, outlining a large semi-circle or square open on one side. In the center of each half is marked a small rectangle or base, three feet long, two feet wide, for the captain.

TEAMS.—The players are divided into two equal teams, consisting each of: (1) a captain, (2) a baseman for each base in the outer circle, five guards. The guards belonging to a team are stationed in the opponents' field, and generally begin the game lined up near the central line that runs through the center of the ground. As the game progresses, the guards may scatter in any way that they choose. An umpire is necessary, and a scorer, timer and referee are needed for skillful teams.

OBJECTS OF GAME.—The objects of the game are (1) for the ball to be thrown and caught around the complete circle of basemen; (2) for the outer basemen to throw the ball to their captain in the center; the guards trying (1) to intercept the ball before it can complete a circle; (2) to prevent it being caught by the captain; and (3) to secure possession of the ball and send it to the basemen in their own (the opposite) field.

START.—The ball is put in play in the center of the field by the referee. He tosses the ball, as in Basket Ball. The guards may run anywhere they choose on their side of the central line. To touch the ball does not give a guard possession of it; she must hold it in both hands. In case of dispute the referee should again toss the ball. When a guard has secured possession of the ball, she throws it to one of her basemen in the opposite field. The ball is put in play from the center after every point scored, and after it goes afield.

RULES.—The guards are not allowed to *step within the bases*; they may not cross the boundary lines into the opposite territory. Basemen may not step outside of their bases, except with one foot. Should the captain, in catching a ball, step over her base, the catch does not score. A throw from a guard in the opposite field to her

own captain does not score. Striking a ball out of a player's hand is allowable. In trying to block a throw, guards may not touch basemen nor step within the bases. Guards will naturally be very watchful of the center, as successful catches by the captain score, but they must not step in the captain's base.

FOULS.—Transgression of any of the previous rules constitutes a foul, penalized by the opposite side scoring one point.

SCORE.—One point is scored for a team every time that the captain catches a ball thrown by one of her basemen. Four points are scored for a team whenever the ball is thrown from base to base successively until it completes an uninterrupted circle. After every point scored, the ball is returned to the umpire and put again in play.

The game is played in two halves of ten minutes each with a rest of five minutes between the halves. Teams change sides at the beginning of the second half, but they do not change players; that is, guards do not become basemen, and vice versa, as in some other forms of this game.

The Referee shall have full charge of the ball as in Basket Ball. The Umpire shall call fouls and assist the Referee.

There shall be an official timer.

There shall be an official scorer.

Dodge Ball Contest

For girls in the 4A and 4B Grades.

To enter Dodge Ball girls must be under 4 feet 6 inches in height.

A Dodge Ball contest consists of sixteen pupils on a side, arranged in the following manner: A circle 36 feet in diameter is drawn and one team takes its place arranged outside the circumference so that the spacing shall be equi-distant between the players. Another team takes its position scattered anywhere inside the circle.

A Spalding indoor base ball, 17 inches in circumference, is given to one of the outside players and at the signal, the ball is thrown in such a manner as to hit one of the players inside the circle. Should the ball hit a player in the circle that player becomes dead, and takes her place on a line which is assigned somewhere without the field of play. The play is continuous until the expiration of the time limit, which is three minutes.

In the second half the players reverse their positions and at the end of the time the team having the fewest number of dead players wins the game.

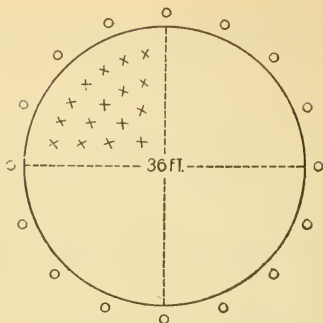


Diagram Illustrating Dodge Ball.

The ball is thrown by any player around the circumference. A player may leave the circle to get the ball, but the ball must not be thrown at the opposing side except from outside the line. A player shall be disqualified if she throws the ball standing on or inside the line. When disqualified she must drop out of the circle and remain on a line drawn on the opposite side of the circle to the dead players, until her team goes to the inside of the circle. A dead player counts one point for the opposing side; a foul counts one point against the side making it. A player, disqualified for throwing the ball either from on or inside line, forfeits one point in addition to being disqualified. A player of the inside team leaving the circle is dead. In case of a tie score, the game shall be awarded to the side making the fewest fouls.



1, Goodwin; 2, Calhoun; 3, Salandro; 4, Gardner; 5, Siegel; 6, Starr; 7, Brown; 8, Haycock; 9, Nenninger; 10, Early; 11, Kopeloff; 12, Kattenhorn.

FRANKLIN SCHOOL OAT-BAG RELAY TEAM.

Second Place Winners.

Rules Governing Girls' Athletic Contests

1. The competition shall be between girls of the same grade.

2. In case of mixed grades, the contestants shall be classed according to the grade of work in physical training done in the classroom.

3. The judges shall be selected by the Executive Committee of the Newark Public School Athletic Association.

4. The same rules in regard to deportment and application to study shall apply as to the boys.

5. First, second and third prizes, and a pin for the fourth place will be awarded for each event.

6. First place will count five points, second place will count three points, third place will count two points, fourth place one point.

7. The last girls on a relay team should wear a broad sash with a number as a distinguishing mark, sashes to be different colors. The same could be purchased by the different schools or by the P. S. A. A.

POINTS.

8. The points will be counted for these events the same as they are for the boys' athletic events. The points made by the girls will count in the total points made by the school in its girls' and boys' athletic and gymnastic meets and will, therefore, help a school materially in winning cups and banners.

SPECIAL TROPHIES FOR GIRLS' PRIZE EVENTS.

1. To the school winning the Oat-Bag Relay.
2. To the school winning the 440-yard Relay.
3. To the school winning the Flag Relay.
4. To the school winning the Potato Relay.

Girls' Standard Events

For 7th and 8th Year Girls.

50-yard dash. Time 7 3-5 seconds.

Throwing basket ball for distance. Distance 40 feet (3 trials). Throw with one hand only.

Running high jump, height 2 feet 8 inches (subject to adjustment).

For 4th, 5th and 6th Year Girls.

Throw a Spalding indoor base ball for distance, the distance to be 65 feet. Ball to be 12 inches in circumference. Three trials.

35-yard dash, Time 5 3-5 seconds.

Hand walk on 16-foot horizontal ladder.

The contestant shall place herself under one end of the ladder and without assistance jump and catch overgrasp the rungs, side or sides of the ladder. She shall then "walk" the full distance, moving one hand at a time. When she has reached the end she shall turn around and grasp the first rung of the ladder, and then "walk" back on the rungs. Contestants may skip rungs by swinging and reaching forward; or she may return, after turning round, on side or sides of ladder, using overgrasp if she chooses.

Only one trial shall be allowed.

Newark Public School Athletic Association

**Athletic Rules of the Newark Public
School Athletic Association**

**Constitution and By-Laws of the Newark
Public School Athletic Association**

Class Athletics and Class Events

School Records

Rules for Conducting an Athletic Meet

The Ethics of Competition

Hints on Training



1, Napolietello; 2, Gonnelli; 3, Strauss; 4, Campioni; 5, De Amato; 6, Ross; 7, Russo; 8, Joyce; 9, Bruda; 10, Sinsheimer.
FRANKLIN SCHOOL JUNIOR BASE BALL TEAM,
Champions Western League.

Athletic Rules of the Newark Public School Athletic Association

RULE 1. The Public School Athletic Association of Newark, New Jersey, recognizes as athletic members all public school boys and girls, members of Newark elementary schools and high schools.

RULE 2. Attendance of at least three months in the school system shall be required of all pupils before they shall be entitled to represent their school in athletics. No elementary school pupil coming from another city or town shall represent the school unless he has attended school for twelve school weeks. Only those pupils who in deportment and attention to study have been satisfactory shall be entitled to represent the school in athletics. The age limit for competition in events of the elementary schools shall be from nine to seventeen inclusive. *No boy will be allowed to enter in more than two events, one field event and one track event—except in the relay. Five boys are allowed from each school to enter a prize event.* Only pupils who are in the standing of amateurs shall be eligible to represent the school. No entry shall be accepted unless countersigned by the principal of the school.

RULE 3. The classification of competing athletes shall be recognized in the name of juniors, intermediate and seniors.

CLASSIFICATION FOR ALL EVENTS.

Adopted, January 29, 1910.

JUNIOR	Boys must be over nine and under thirteen, and less than four feet, ten inches in height.
INTERMEDIATE	Boys under fifteen, and not over five feet, three and a half inches in height.
SENIOR	Under seventeen, any height.
NOTE	If a boy is over either age or height, he goes into the class above; for instance, a boy twelve years of age, four feet, ten and a half inches high, would be in the INTERMEDIATE class, or, a boy fourteen years of age, five feet, four inches high, would go into the SENIOR class.
NOTE	Measurements to be made in STOCKING FEET.

RULE 4. That five contestants be allowed to enter any prize event from any school.

RULE 5. That each school as before be permitted to enter one relay team only in each of the three divisions (Junior, Intermediate, Senior), and one special Junior Midget team.

RULE 6. The following shall be a special list of championship events for the elementary schools:

BOYS' PRIZE EVENTS.

JUNIOR 50-yard dash.
 Running high jump.
 Running broad jump.
 440-yard relay race (4 boys to a team).

SPECIAL JR. 440-yard relay race (4 boys to a team).

Note.—The special Junior Midget Relay requires Junior boys under 4 feet 6 inches in height.

INTERMEDIATE 75-yard dash.
 Running high jump.
 Running broad jump.
 Standing hop, step and jump.
 600-yard relay race (4 boys to a team).

SENIOR 100-yard dash.
 220-yard dash (boys in this race not eligible for relay).
 120-yard hurdle race (all hurdles to be left standing in order to make a record; if more than 3 hurdles are knocked down, contestant is disqualified).
 Running high jump.
 Running broad jump.
 Running, hop, step and jump.
 Pole vault.
 Putting the 12-pound shot.
 880-yard relay race (4 boys to a team).

RULE 7. All entries must be in the secretary's hands at such time as designated by the executive committee. Each principal will be provided with an entry blank on which to make formal entries for the several events. The games committee may reject any entry it may deem objectionable.

RULE 8. Prizes will be the same as heretofore, viz., 1st, 2nd, 3d prize. A button will be given for fourth place.

RULE 9. Special trophies will be given as follows for prize events, irrespective of percentage:

1. To the school scoring the most points (boys and girls).
2. To the school scoring the second largest number of points in contest (girls and boys).
3. To the school scoring most points in the senior boys' events.
4. To the school scoring most points in the intermediate boys' events.
5. To the school scoring most points in the junior boys' events.
6. To the school scoring most points in girls' prize events.
7. To the school scoring most points in field and track events (boys).
8. To the school scoring most points in field events (boys).
9. To the school scoring most points in track events (boys).
10. To the school winning greatest number of first places (both boys and girls).
11. To the school winning the Senior Relay Race (boys).
12. To the school winning the Intermediate Relay Race (boys).
13. To the school winning the Junior Relay Race (boys).
14. To the school winning the Special Junior Midget Relay Race.
15. To the school having less than seven grades scoring most points in the meet.
16. To the school winning the Oat-Bag Relay Race (girls).
17. To the school winning the Flag Relay Race (girls).
18. To the school winning the Potato Race (girls).
19. To the school winning the 440-yard Relay Race (girls).

EFFICIENCY TROPHIES TO BE AWARDED ON PERCENTAGE BASIS.

20. To the school securing largest number of efficiency testimonials—boys (gymnasium schools).
21. To the school securing largest number of efficiency testimonials—boys (non-gymnasium schools).
22. To the school securing second largest number of efficiency testimonials—boys (gymnasium schools).
23. To the school securing second largest number of efficiency testimonials—boys (non-gymnasium schools).
24. To the school securing largest number of testimonials—girls (gymnasium schools).
25. To the school securing largest number of testimonials—girls (non-gymnasium schools).
26. To the school securing second largest number of testimonials—girls (gymnasium schools).
27. To the school securing second largest number of testimonials—girls (non-gymnasium schools).

RULE 10. In all relay races no more than five teams shall be run in a heat. In all running events no more than six shall be

entered in any heat. The captain of each school team shall go with the clerk of the course and see that his men are placed in their proper position on the track.

RULE 11. The uniform entrance fee for all contestants shall be ten cents. This includes admission to the field. Admission to the stands for pupils shall be ten cents, adults twenty-five cents.

RULE 12. All athletic meets shall be run according to the rules of the Public School Athletic Association.

RULE 13. Points. First place shall count five points, second place three points, third place two points, fourth place one point. Those teams winning in the relay races are credited with double the number of points mentioned above.

RULE 14. There shall be an official physician in attendance.

RULE 15. Relay teams will be allowed to enter substitutes in each event.

RULE 16. Outdoor track and field, base ball, foot ball and basket ball championship meetings shall be held annually at such times and places as may be decided upon by the executive committee.

RULE 17. The awarding of trophies shall be on the basis of a ratio of total number of points to the total registration of the school for the month of April as found in the Superintendent's report. All pupils under one principal shall be considered as constituting one school within the meaning of this rule.

RULE 18. Boys in the senior class running in the 220-yard dash are not eligible for the relay race.

RULE 19. The following rules are to be followed in determining the schools entitled to the various trophies, banners and cups:

1. Use number of pupils in each school above the second grade as divisor (boys and girls) to determine the school entitled to the school banner.
2. (a) To determine the schools entitled to boys' banners and cups in efficiency tests. Use number of boys above the second grade in each school as a divisor.
(b) To determine schools entitled to girls' banners and cups in efficiency tests. Use number of girls above the third grade in each school as a divisor.

NOTE.—The number of eligible girls to be determined by the number of girls in the grades which are eligible to participate.

NOTE.—The dividend in each case is the number of testimonials won.



1, Parshall; 2, Mr. Baumann, Coach; 3, Jaeger; 4, Ulrich; 5, Jahn; 6, Kreidler; 7, Mr. Dougan, Prin.; 8, Brasch; 9, Willis; 10, Adam; 11, Goldberg, Mascot; 12, Markley; 13, Hochart.

BOYS' INDUSTRIAL SCHOOL SENIOR BASE BALL TEAM,

City Champions, 1914.

Constitution and By-Laws of the Newark Public School Athletic Association

NAME.

This Association shall be known as the "PUBLIC SCHOOL ATHLETIC ASSOCIATION OF NEWARK, NEW JERSEY."

ARTICLE I.

OBJECTS.

The particular object for which the Association is formed is to promote useful athletics and gymnastics among the pupils in the elementary and high schools of the city of Newark, New Jersey; in connection therewith, to cooperate with and support athletic associations, provide athletic grounds and teachers, organize games, offer prizes, and conduct competitions.

ARTICLE II.

MEMBERSHIP.

SECTION 1. Membership shall consist of all principals of the city of Newark, the director of physical training and his associates and the director of compulsory education.

SEC. 2. Honorary officers and members may be elected.

ARTICLE III.

DIRECTORS.

SECTION 1. An executive committee of thirteen members shall have control and management of the affairs and funds of the Association.

SEC. 2. An executive committee shall be annually elected by the Association.

SEC. 3. The executive committee shall have power to fill vacancies which may occur in their body from time to time until the next annual election.

SEC. 4. Seven members shall constitute a quorum of the executive committee. An auditing committee, consisting of three members, appointed by the president, shall annually audit the books of the treasurer.

ARTICLE IV.

MEETINGS.

SECTION 1. The annual meeting of the Association for the election of officers and for such other matters as may properly come before it shall be held on the second Wednesday in December in each year, due notice of which meeting shall be sent by the secretary to each member. Election shall be by ballot.

SEC. 2. At any meeting of the Association, fifteen members shall constitute a quorum.

ARTICLE V.

OFFICERS.

SECTION 1. The officers of the Association shall consist of a president, vice-president, treasurer, secretary, and two assistant secretaries. All officers shall be on the executive committee.

SEC. 2. The officers of the Association shall be annually elected at the meeting of the Association held the second Wednesday in December.

SEC. 3. The president, vice-president, and treasurer shall perform the duties usually performed by such officers.

SEC. 4. The secretary shall attend meetings of the Association and of the executive committee and keep the minutes of the proceedings, recording ayes and nays upon all questions where such a vote shall be demanded by a member. He shall conduct and preserve all correspondence, serve all notices, and perform the usual duties of a secretary. He shall have the custody of all the papers relating to the affairs of the Association.

SEC. 5. The assistant secretaries shall perform such duties as are delegated to them by the secretary and shall assist him in preserving the records and taking the scores of all official events.

ARTICLE VI.

COMMITTEES.

SECTION 1. There shall be an executive committee composed of the president, vice-president, treasurer, secretary, assistant secretaries, director of physical training, and six associate members, elected annually by the Association which shall have all powers of the Association when not in session. This committee must meet to transact such business as is necessary on the second Wednesday in January of each year and shall also meet at the call of the president or the vice-president. Seven of this committee shall constitute a quorum.

SEC. 2. The executive committee shall constitute a games committee which shall have charge of all games and athletic

events authorized by the Association. This committee shall act upon all protests and complaints which arise in the conduct of any official athletic event. This committee may associate with it for the purpose of conducting athletic meets or gymnastic contests persons who are not members of this association.

SEC. 3. There shall be such other committees as may be authorized by the association or deemed expedient by the president or the executive committee. The members thereof shall be appointed by the president unless otherwise prescribed by the Association.

ARTICLE VII.

DISTRICT LEAGUES.

SECTION 1. Girls' and other auxiliary, associate or district leagues, may be established under regulations to be made by the executive committee.

SEC. 2. The Public School Athletic Association of Newark, New Jersey, shall assume control of all district base ball leagues, basket ball leagues, foot ball leagues, or such other sports as may be established in the public schools of Newark or in outlying districts which may wish to share the advantages of this organization.

ARTICLE VIII.

AMENDMENTS.

These By-laws may be changed or amended by the unanimous vote or the written consent of the Association without previous notice at any meeting of the Association. Also by a two-thirds vote of the Association at any meeting provided notice specifying the intended change shall have been given at a previous stated meeting or such notice shall have been served on each member at least five days before the meeting.

ARTICLE IX.

ATHLETIC RULES.

Athletic rules shall be made from time to time by the executive committee and are subject to change when deemed expedient for the best interests of the association.



1. Rizzolo; 2. Ralph; 3. Farshall; 4. Hochart; 5. Forberger; 6. Markley, Capt.; 7. Mr. Baumann, Coach; 8. Brasch; 9. Felter; 10. Walters; 11. Quinn; 12. Stehule.

BOYS' INDUSTRIAL SCHOOL SOCCER TEAM,

City Champions, 1914.

Rules for Conducting an Athletic Meet

RULE I.

OFFICIALS.

Every athletic meet of the Public School Athletic Association shall be under the control of the following officials:

- The executive committee.
- A field marshal.
- An assistant field marshal.
- A referee.
- An assistant referee.
- Three or more judges at finish.
- Four or more field judges.
- Three or more inspectors.
- Three or more time keepers.
- One starter.
- One assistant starter.
- One clerk of the course with assistants.
- One announcer.
- One assistant announcer.
- One chief scorer.
- Two assistant scorers.
- Official reporters.

RULE II.

EXECUTIVE COMMITTEE.

The executive committee will have general supervision but shall not interfere with the officials in the performance of their duties. The referees shall settle all protests within their usual power, but those concerning a boy's amateur standing or his attention and deportment must be referred to the executive committee.

RULE III.

REFEREE.

The referees shall decide all questions relating to the actual conduct of the meet, whose final settlement is not otherwise

covered by these rules. He shall disqualify for fouls. He shall disqualify for ungentlemanly conduct. He may decide the manner in which ties are to be settled. And the referee alone shall signal the starter that everything is in readiness for the race or event. The referee may delegate his authority when it will facilitate the meet.

RULE IV.

INSPECTORS.

The inspectors shall watch closely the conduct of all competitors during the meet and in case of a foul, they shall make a report at once to the referee. They have no power to make decisions.

RULE V.

JUDGES.

The judges shall stand at the finish line and pick the contestants in the order in which they cross the finish line. Their decision is final and without appeal. In case of disagreement the majority shall govern. A competitor crossing the finish line without a number shall not be selected by the judges unless with the consent of the referee. The judges shall measure all distances of field and track events.

RULE VI.

THE TIME KEEPERS.

They shall time all events which are recorded by time and shall report to the referee. Should two of the three watches mark the same time and the third disagree, the time marked by the two watches shall be accepted. Should all three disagree, the time marked by the intermediate watch shall be accepted. The flash of the pistol shall denote the actual start of the race or heat.

RULE VII.

THE STARTER.

The starter shall be in charge of the competitors after they have been assigned to their marks by the clerk of the course.

He shall start the heat or race by the report of a pistol. The following formula shall be used by the starter:

1. "On your marks."
2. "Get set."
3. The report of the pistol.

Until the pistol has been properly discharged, it shall not be considered an actual start, and in case the pistol goes off accidentally, the starter shall recall the competitors by discharging his pistol twice. A false start is one where any part of the person of a competitor touches the ground in front of his mark before the starter properly discharges his pistol. The following penalties are imposed by the starter for false starts: In all races up to and including 125 yards the competitor shall be put back one yard for the first and one more for the second attempt; in races over 125 yards and including three hundred yards, two yards for the first and two more for the second attempt; in races over 300 yards and including 600 yards three yards for the first and three more for the second attempt; in races over 600 yards and including 1,000 yards four yards for the first and four more for the second attempt. In races over 1,000 yards and including one mile five yards for the first and five more for the second attempt.

RULE VIII.

THE CLERK OF THE COURSE.

The names and numbers of all competitors in each event shall be given to the clerk of the course who shall call them by name and check them off on the programme before the meet is begun. He shall afterwards assign them to their marks. The clerk of the course shall not allow any competitor to start without his number except with the consent of the referee. The assistant clerks of the course shall perform whatever duties are assigned them by the clerk of the course.

RULE IX.

THE SCORERS.

The scorers shall keep track of the order in which each competitor finishes and also the time for the event. He scores all points and announces the various winners and the schools who have taken the most points. The Assistant Scorers are

subject to the Chief Scorer and shall perform whatever duties are assigned by him.

RULE X.

THE MARSHALS.

The marshal shall prevent any but officials and actual competitors from entering upon the track or inner circle or remaining therein.

Any competitor entering into the inner circle and not there for the purpose of competition must leave at once upon the request of the marshal. If, after the second request, the competitor shall refuse to leave the track, the marshal or his assistants must report the matter to the referee who may disqualify the offender. The marshal shall have general oversight of the boys and shall be the general director of the track and field.

RULE XI.

THE OFFICIAL ANNOUNCER.

The scorers shall make known to the official announcer the results of each event, and he shall announce them to the spectators.

RULE XII.

OFFICIAL REPORTER.

The official reporter shall receive from the scorers the order of finishing and the time and distance made by the competitors in the field and track events. This information he shall immediately make known to the representatives of the press.

RULE XIII.

THE INNER CIRCLE.

Only officials and actual competitors shall be allowed within the inner circle. Competitors must leave the inner circle immediately after finishing their event or when requested to do so by the proper authorities.

No attendant, friend, or trainer shall be allowed to accompany the competitors on the track or in field.



Senior Soccer Team, Southern League Champions—1, Mr. MacDonald, Prin.; 2, Estabrook; 3, Goldman; 4, Brehant; 5, Kieb; 6, Mr. Field, Coach; 7, Sasse; 8, E. Simandl; 9, Oberst; 10, Slatter; 11, Wood; 12, Scholl; 13, Benkert; 14, Wakefield; 15, Routh. Junior Soccer Team, Southern League Champions—1, Mr. MacDonald, Prin.; 2, Hedrick; 3, Meyer; 4, Sutton; 5, E. Smith; 6, Brunner; 7, D. Smith; 8, Mr. Field, Coach; 9, Haurey; 10, Ehrman; 11, Bannon; 12, E. Jene; 13, Brehant; 14, Sylvan Simandl; 15, H. Jene; 16, Sidney Simandl; 17, Stock. Intermediate Relay Team—1, Mr. MacDonald, Prin.; 2, Benkert; 3, Mr. Field, Coach; 4, Slatter; 5, E. Simandl; 6, Wakefield.

HAWTHORNE SCHOOL TEAMS.

RULE XIV.

THE COMPETITORS.

The competitors shall report to the Clerk of the Course at the starting point of each competition, after they have been called to the inner circle.

Each contestant must provide himself with a number corresponding to the number opposite his name on the programme. This number he must wear conspicuously while he is competing, and without it he shall not be allowed to start except with the consent of the referee.

If in a dash race the competitor does not confine himself to his own lane, but instead crosses into the lane of his opponent, the referee shall disqualify him. In all races the competitors shall run on that part of the track they were assigned without crossing over in front of their opponents unless they are at least two paces in advance of the nearest competitor. Any jostling, crossing in front of, or otherwise impeding the opponent will disqualify the offender from that event.

The referee shall further disqualify from the meeting any competitor, who in his opinion, is trying to lose, to coach, or otherwise to impede in any way the chances of another competitor. The referee shall notify the Executive Committee of such offence, who will take further action.

Any competitor acting in an ungentlemanly manner, whether towards competitors, spectators, or officials, may be disqualified by the referee from all other participation in competition, and if the referee thinks the offence merits further punishment, he shall make full report on the case to the Public School Athletic Association for further action.

RULE XV.

PROTESTS.

Protests against any competitor entering any games may be made verbally or in writing to the Executive Committee before the meet or to the referee during the meet.

If the protest is a claim of foul committed during the meet, the referee shall decide the matter at once.

If possible the Executive Committee shall decide all protests before the events are run off. If it is a case requiring the taking of evidence, the Executive Committee shall decide the matter within one week after the date of the games.

When a contestant is allowed to compete under protest, the prize that he may win shall be withheld until the case is settled.

RULE XVI.

THE TRACK.

The distance to be run shall be measured on a line eighteen inches outward from the inner edge of the track.

In straightaway races, distance shall be measured in a direct line from the starting mark to the finish line.

RULE XVII.

THE COURSE.

In straightaway races, lanes shall be laid out for each competitor by means of stakes driven into the ground to which cord is attached. Each contestant shall run in his own lane.

In all championship races, position shall be drawn for, and the drawing shall be in the names of schools. The Clerk of the Course shall not allot positions. The school having the first choice shall have first position next to pole; the school having second choice, second position, etc. If possible there shall not be two contestants from one school in the same heat.

RULE XVIII.

THE FINISH.

The finish of a course shall be represented by a line between two finishing posts drawn across and at right angles to the sides of the track. Four feet above the ground shall be placed a tape attached to both finishing posts.

The finish of any race shall be counted when any part of a competitor's body except his hands and arms shall reach the finish line.

No competitor shall be considered to have finished unless his entire body shall have crossed the finish line.

RULE XIX.

RELAY RACING.

A line shall be drawn twenty feet in front of each starting line. Between these two lines each runner must touch the succeeding runner. Failure to do this shall disqualify the team in that event. There shall be judges of relay racing whose duties it shall be to see that all touches are properly made.

RULE XX.

THE SHOT.

The shot shall be put with one hand, and in making the attempt it shall be above and not behind the shoulder. All puts shall be made from a circle seven feet in diameter. The circle shall be a painted or whitewashed circle and on one side a stop-board four feet long and four inches high shall be firmly fastened to the ground. In making his put a competitor shall rest his foot against, but not on top of the stop-board.

That put shall be considered a fair put when no part of the body of the competitor touches the top of the stop-board, the circle or the ground outside the circle, provided the competitor shall leave the circle by its rear half, which shall be the half directly opposite the stop-board. A put shall be considered foul if any part of the body of the competitor shall touch the ground outside the front half of the circle before the put is measured.

The field judges shall measure each put from the nearest mark made by the fall of the shot to the circumference of the circle on a line from the mark made by the shot to the center of the circle.

Foul puts and letting-go the shot in making an attempt shall be counted as trials without results.

Each competitor shall have three trial puts, and the first, second, third and fourth in the trials shall have three more trials each in the final.

The best put made by a competitor whether made in the trials or finals shall count as his best put, and the result will be decided accordingly.

RULE XXI.

RUNNING HIGH JUMP.

A fair jump shall be one that is made without the assistance of weights, diving, somersaults, or hand springs of any kind.

The bar shall be a thin stick one inch in width and shall rest on pins which shall project not more than three inches from the uprights. When the bar is knocked off it shall constitute a trial jump without result.

The height at which the jump shall commence and the height to which it shall be raised at each succeeding jump shall be decided by the field judges.

The height shall be measured from the middle of the bar to the ground in a perpendicular line.

Each competitor shall be allowed three trial jumps at each

height, and if on the third trial he shall fail, he shall be declared out of the competition.

At each successive height each competitor shall take one trial in his proper turn; then those failing, if any, shall have their second trial in a like order, after which those who have failed at the second trial may take their third and final trial at that height.

A competitor may decline to jump at any height in his turn and by so doing forfeits his right to jump again at the height declined.

If, however, a competitor takes a trial at any height and fails in his first trial he shall not pass the other two trials.

Running under the bar in making an attempt to jump shall be counted as a balk, and three successive balks shall constitute a trial jump.

There shall be no limit to the run a competitor may take before attempting a jump.

RULE XXII.

RUNNING BROAD JUMP.

A joist eight inches wide on the top shall be sunk at least five inches into the ground so that the top is flush with the running path. The outer edge of the joist shall be called the scratch line, and the measurement of all jumps shall be made from it at right angles to the nearest break made in the soft ground, or in the turf or earth outside the soft ground, by any part of the body of a competitor.

A foul jump shall be one where the competitor in jumping off the scratch line makes a mark on the ground immediately in front of it or runs over the line without jumping, and shall count as a trial jump without result.

Each competitor shall have three trial jumps, and the competitors finishing one, two, three and four in the trial jumps shall each have three more trial jumps.

The competition shall be decided by the best of all the trial jumps of the competitors.

A fair jump shall be one that is made without the assistance of weights, diving, somersaults, or hand springs of any kind.

RULE XXIII.

STANDING BROAD JUMP.

The feet of the competitor may be placed in any position, but shall leave the ground once only in making an attempt to jump.

When the feet are lifted from the ground twice or two springs are made in making the attempt, it shall count as a trial jump without result. A competitor may rock back and forward lifting heels and toes alternately from the ground but may not lift either foot clear of the ground nor slide either foot along the ground in any direction.

In all other respects the rules governing the running broad jump govern the standing broad jump as well.

RULE XXIV.

POLE VAULT.

The height at which the vaulting shall commence and the height to which the bar shall be raised at each succeeding vault shall be determined by the field judges.

The height of the bar shall be measured as in the running high jump. Each competitor shall have the same number of trials as in the running high jump. The method of making trials shall govern as in the running high jump. Displacing the bar counts as a trial.

Leaving the ground in an attempt shall constitute a try.

A line shall be drawn fifteen feet in front of the bar and parallel with it; crossing this line in an attempt shall be a balk.

Two balks shall constitute a try. A competitor may decline to vault at any height, but if he fails at the next height he shall not be allowed to go back and try the height he omitted.

If, however, a contestant takes one trial at any height, he shall not pass the other two trials.

Any competitor shall be allowed to dig a hole not more than one foot in diameter at the take-off in which to plant his pole.

This pole shall have no assisting devices except that they may be wound or wrapt with any substance for the purpose of affording a firmer grasp and may have one spike at the lower end. The pole shall be unlimited as to size and weight.

No competitor shall, during his vault, raise the hand which was uppermost when he left the ground to a higher point on the pole, nor shall he raise the hand which was undermost when he left the ground to any point on the pole above the other hand.

RULE XXV.

THE HURDLES.

In the 120-yard hurdle race ten hurdles shall be used; height of hurdles to be decided upon by the Executive Committee

(present height is two and one-half feet). They shall be placed ten yards apart with the first hurdle fifteen yards distant from the starting point and the last hurdle fifteen yards before the finish line.

In making a record it shall be necessary for the competitor to jump over every hurdle in its proper position, nor shall the performance be considered a record unless every hurdle is left standing.

RULE XXVI.

CHINNING THE BAR.

Boys chinning in competition may take any grip they choose (over grip or under grip or over and under grip), but the chinning must be done without swinging and the arms must be extended to full length each time before the chin is raised above the bar. Good form will be insisted upon by the judges. A boy cannot start chinning from a jump; he must hang an instant before commencing.

RULE XXVII.

RUNNING.

All runs are started by a pistol shot fired by the starter. The commands given by him preparatory to starting a race are:

1. "On your marks."
2. "Get set."
3. After a short interval the starter fires a pistol.

After the first command the contestants hurry to the starting line and take their places as assigned to them.

At the second command, all make ready for the start, each one assuming the position best suited to his style. Usually the "crouching start" is the better way.

The pistol shot comes next and is the signal to run. Should anyone start before the pistol is fired he is penalized.

RULE XXVIII.

STANDING HOP, STEP AND JUMP.

The competitor shall stand with one foot toeing the mark, the other leg raised clear of the ground, and from this position makes his first hop, landing on the same foot from which the start is made. He shall then make the step to the other foot without pause, and then from this leg, jump landing on both feet. In all other respects the rules governing the Running Broad Jump will govern the Standing Hop, Step and Jump.

RULE XXIX.

RUNNING HOP, STEP AND JUMP.

The rule governing the Running Hop, Step and Jump is the same as in the Standing Hop, Step and Jump, except that it shall be made from a running start.

RULE XXX.

TIES.

In case of a tie, the officials shall raise or lower the bar at their discretion, and those competitors who have tied, shall be allowed one trial at each height.

RULE XXXI.

COSTUME.

Only the boys with pants reaching approximately to the knees, and shirts that adequately cover the body shall be allowed to compete.

The Ethics of Competition

OBEDIENCE TO RULES.

It is impossible to conceive of games without rules; for all they are necessary. They have been carefully thought out by experts, with the intention of making the games interesting, fair to all taking part, and, where great activity is required, as in basketball, football, soccer and baseball, to prevent injury to the players.

Without question, before beginning to play, these should be read, and should be thoroughly understood. Then after a full understanding, the next thing is strict obedience to them. Unfortunately, this is not always the case; at times, in order to gain some advantage over an opponent, or opposing team, there is a temptation to infringe upon the rules, but when one stops to consider the ethics of this, he must confess that such action is absolutely wrong. It is taking an unfair advantage, and may, also, lead to further infringement, which will spoil the game.

ABIDE BY THE DECISIONS OF THE JUDGES.

To see that rules are strictly carried out, a judge, an umpire, or a referee is appointed, and he is expected to be perfectly unbiased in his decisions. But however careful he may be, now and then, he may make a mistake. At such times, the players should realize the difficulty of his position, and should abide by his decision.

Should, however, a decision be manifestly unfair, the captain of the team is the proper one to protest to the umpire; he is the one to do the talking, and while he is doing it, the other players should keep their places, for there is nothing more undignified than a crowd of baseball players, for instance, rushing towards the umpire, and clamoring their protests. As a matter of fact, they can accomplish nothing because of their noise. Such disputes must be settled by cool heads with quiet argument, and the captain is the one to do it.

If he is unable to make a satisfactory settlement, do not further delay the game, nor refuse to play, but continue under protest, and later such protest can be laid before the proper authorities for their decision.

GENTLEMANLY CONDUCT.

Sometimes, when games are being played, remarks are made about the personal appearance of an opponent, or his race is

held up to ridicule. Clearly this is not clean sport, and should not be indulged in for a minute. By all means avoid such personalities; ever keep in mind that rarely is a person responsible for his facial appearance, and that all races have good qualities, and have produced great works. A broad minded person looks for good points in others, rather than for some peculiarity.

Sometimes, when there has been a close or a wrong decision, individual players, or even whole teams, or the backers, or all, conduct themselves in a most unbecoming manner. They guy the umpire, hoot and yell, and sometimes indulge in bad language. The same thing sometimes happens when the game is going against a team, and then the opponents are treated in a similar way. It also sometimes happens that players quarrel among themselves, and indulge in unbecoming remarks. Sometimes, after a game, a team and its backers quarrel with their opponents.

All such conduct is not proper, and should be strictly avoided. Be courteous to your superiors, your umpires, and to one another.

It frequently happens that emphasis is put upon the poor plays of the opponents, rather than upon the good plays of one's own team. Such is also the attitude of the backers. It would seem better to applaud the good plays, rather than to jeer at the bad: be generous enough to appreciate and applaud the good plays of your opponents.

A courteous player never attempts to do injury to another. Games won by such foul means were better lost.

POSSESS GOOD NERVE.

Frequently, a team competes with one that is far its superior. This is the time when good nerve is required. Don't be discouraged, don't make petty complaints, don't give up the game, but play for all you are worth, and you will not only feel happier yourselves, but you will have the respect of others.

TEAM WORK.

When two or more players are on a side, they constitute a team. Clearly when teams play, the individual players must subordinate themselves for the general good of the team. Each must keep in mind that a great responsibility rests upon him in his position, and that as far as possible he should keep that position. It may seem to him, at times, that he should like to take a more active part in whatever play is being made at a particular time, but as a matter of fact failure to play his posi-

tion might lose his side the game. During an entire game, he may not have opportunity to make any marked play, but if he has played his position to his utmost, he should be satisfied in the consciousness of having done his duty. It is this team work that means victory.

HONESTY.

Frequently, a participant is the only one who knows the truth about a play, under dispute, and by keeping silent, or by not telling the truth, points would be gained by his side. At such times, the best course is honesty; tell the truth even though it may hurt your side. Get above the idea of winning at any price.

Usually, classifications are made according to age, and at times there is a temptation to misrepresent the fact, in order to place one's self in a different class. Clearly this procedure will not stand the test of conscience, and should never be attempted.

CHARACTER.

In all athletics, keep in mind that while you play to win there is something higher than this. It is Character. Get self-control, play fair, be courteous to all, and ever act like a gentleman.

Hints on Training

The following are a few suggestions to boys who are endeavoring to better their physical well-being by competing in athletic amusements.

RUNNING.

If you have speed and lack endurance, run more than your distance at three-quarter speed. If on the other hand you lack speed, run three-fourths your distance at top speed.

RUNNING BROAD JUMP.

The sprints must be practiced faithfully if one desires to excel in this event. Form should be acquired first of all. The essential points to work for are the stride, the take-off, and the rise after leaving the board. One must practice the sprint until he can reach the take-off board with the same foot in exactly the right place time after time without losing speed. After leaving the board the knees should be drawn up to the chin, and the eyes kept on a point some distance beyond where you are able to jump.

It is well to pace your distance and mark the third and seventh stride. Then you will have two marks to aid you in striking the take-off.

Determine the location of take-off, and mark the third and the seventh strides from that, so the jumping foot strikes the take-off. Don't attempt too much jumping, for over-exertion may result in a strained tendon. Always limber up first by short sprints, jogs, and easy jumps. On the first attempt, try more for form than distance, and be sure of the take-off. The highest speed should be reached at the take-off and at the moment when the body is gathered for the jump. Unless the speed is considerable the jumper cannot throw his legs forward to the full limit. Get elevation in a jump. To get height, in practice use jumping standards placed some distance from the take-off. Keep the arms well forward and fix the eyes on a point considerably higher than the probable landing point. After leaving the take-off, the knees are drawn up under the chin. Just before landing, the feet should be thrust as far forward as possible. Don't fall back. After one has learned the broad jump practice every other day. Practice sprints to get the speed. Practice running at the take-off. Practice using only three or four steps to get the rise,

RUNNING HIGH JUMP.

Every other day is often enough to practice high jumping. The first attempts should be made with a bar about two feet six inches. As form is acquired, gradually raise the bar. As in the running broad jump, the place where the stride is reached and the take-off must be determined by experiment and practiced until it can be reached without changing the stride. Have just enough speed in your run to carry the body over the bar after you get your elevation. Emphasize the last four strides. Don't get any higher than is necessary. Practice running from the front and not from the side. Jump with a twist. Turn to the left if you take off with the left foot.

SHOT-PUTTING.

Heavy work in the gymnasium during the winter is one of the greatest aids toward putting one in condition for this event. Parallel bar exercises and bag punching are especially good. It will be necessary to learn the form from some person qualified to teach the different parts of the movement for shot-putting is quite complicated, and knack as well as strength is required.

Develop the muscles of the arm and back. Practice with different weight shots, the heavier for form and the light one for speed. Stop before the fatigue point is reached. Practice putting from a stand first. Have the shot rest against the shoulder, the elbow well back of it. Use a hop, step and a jump, or a glide, step and a jump, in putting the shot. Finish facing the side of the circle. There should be no stop from start to finish. As the right side of the body comes to the front the right arm must be thrown straight outward with much the same motion as used in delivering a direct punch at a bag hanging about on a level with the head. Remember it is a sharp thrust rather than a throw. Put the body weight into the thrust.

GENERAL TRAINING.

Don't overdo; don't work until fatigued.

Don't specialize.

Don't take too many hot baths.

Don't do any violent exercise before or one or two hours after a meal.

Strive for an all-round development. Train faithfully for events. Always warm up before a severe exertion; always finish the day's work feeling that you could do more.

Always cool off after exertion with mild exercise.

Get plenty of sleep, plenty of fresh air day and night, and plenty of water.

DIET.

Don't drink coffee; don't eat pastry or candy; don't smoke cigarettes; they are fatal to athletes.

Don't over-eat or over-drink.

Eat fruit, beef, mutton, steak, eggs, vegetables, prunes, apple sauce, cheese, rice, peas, beans, tapioca, custard, bread pudding.

Eat no bulky food the day of the race.

Be regular in the meals; have the same well cooked.

CLOTHING.

Light weight, sleeveless shirt trunks that reach almost to the knees, shoes to fit comfortably so that feet will not slide around in them and become chafed.

TRAINING FOR SPRINTS.

Master the crouch start.

Don't look around or allow other competitors to worry you.

Don't run with the head up in the air or bending backward.

Don't throw the heels up in back; don't run on the heels; don't turn the toes out in running.

Don't make stride too long.

Don't run the full distance at top speed more than once or twice per week.

Don't stop suddenly after you have finished the race.

Don't do too much distance work when training for the sprints.

Use the crouch start for all sprints.

CROUCH START—Dig depressions in the track for the feet, one about seven inches in back of the mark and the other about twenty inches back of the first. "On your mark"—Place the fingers on the mark (arms straight), the left foot in the first depression and the right foot in the second, kneeling on the right knee. "Get set"—Raise the back (head well up), and throw the weight well forward so the body weight is divided between the hands and forward leg. At the sound of the pistol, take the

hands away and dive straight forward. Make the first five or six strides short in order to get into stride as soon as possible. Slow down by degrees. Always land running, that is, body inclined forward. Have the body well balanced for the start. Get your stride naturally; don't over-stride at any time. Run straight and true; don't let your competitor pull you out of stride; don't chop your stride; don't be nervous on your mark; don't expect to break records the first year. Alternate fast work one day and some slow work the next. Practice starting four or five times per day when practicing the slow work.

HURDLING.

Develop sprinting ability. Clear hurdle in a step and not a jump. Learn to skim the hurdle. Land as quickly as possible after each hurdle. Race between the hurdles. Always land running. Don't slow up when approaching the first hurdle. Take an odd number of steps between hurdles, thus taking off with the same foot. Work hard and progress slowly. Land directly in front of your take-off. Use one knock-off hurdle for practice first. Hurdle three times per week and the other two days practice sprints. Make the first stride between hurdles comparatively short as impetus is obtained here for the others. On the last stride shorten the length without lessening the speed.

POLE VAULT.

Develop muscles of the arms, shoulders, and back by gymnasium work. Hold the pole with both thumbs up and parallel to the straight of way. The impetus gained in running and the final leap give the necessary momentum to throw the body over the bar. Find the starting point and the take-off and mark them plainly; then practice until you can strike this spot every time without changing the stride. Hold the pole against the bar and note where it touches. Grasp just under this with the low hand, and if you take off with the left foot this will be the left hand. Now, grasp with the upper hand about eighteen inches above. Practice sprinting first without the pole and then with the pole until an even stride is acquired. When the vault is made, the point of the pole strikes the ground, and the spring from the left leg comes almost simultaneously. The routine of work should include three days at vaulting, and other days practice high jumping and springing. Don't attempt height until the form is thoroughly mastered. Fix the eyes on the middle of the

bar, and don't look at anything else until the body has been raised to it.

CHINNING THE BAR.

Use the reverse grasp; that is, with the palms of the hands turned toward the body, and raise the body steadily, don't jerk it or try to swing up. Straighten the elbow in every extension. Practice once or twice every morning just before school and again in the afternoon after school. Don't raise the body more than ten times.

RUNNING, HOP, STEP AND JUMP.

Rules for the running broad jump apply here. Don't make the first hop too long. Make the greatest distance in your final jump. Increase the speed from start to finish. In the hop, land on the foot used in taking off; in the step on the opposite foot; and in the jump on both feet.

STANDING, HOP, STEP AND JUMP.

In the standing, hop, step and jump, the foot must be raised before the first hop is taken.

STANDING BROAD JUMP.

It is permissible to toe over the take-off about one inch and thus get a firm support for the spring forward. The body should be inclined well forward, knees bent, the arms in back. In making spring, throw the arms forward, draw the knees up and shoot the legs forward. Practice the broad jump four or five times a day.



1, B. C. Miner, Prin.; 2, Langwasser; 3, Bath; 4, Greer; 5, Walters; 6, Irving Leoni, Phy. Dir.; 7, Mitchell; 8, Ebbefeldt; 9, E. Murphy; 10, Porter; 11, Forcella; 12, Di Lorenzo; 13, R. Murphy; 14, Heinze; 15, Smith; 16, Shaudfrey.

CENTRAL AVENUE SCHOOL SOCCER TEAM.

Junior Northern League and City Champions.

Outdoor Sports

Base Ball Leagues of the Newark P. S. A. A.

**Rules for Governing the Base Ball Leagues
of the Newark P. S. A. A.**

**Pennant Winners of the Base Ball Leagues
of the Newark P. S. A. A.**

**Rules Governing Basket Ball Leagues of the
Newark P. S. A. A.**

**Pennant Winners of the Basket Ball Leagues
of the Newark P. S. A. A.**

**Rules Governing Soccer Foot Ball Leagues of
the Newark P. S. A. A.**

**Pennant Winners of the Soccer Foot Ball
Leagues of the Newark P. S. A. A.**

Base Ball Leagues of the Newark Public School Athletic Association

At a meeting of the N. P. S. A. A. held April 1, 1910, the following action was taken:

1.—That there should be two Grammar School Leagues, to be known as the Northern and the Southern Leagues.

2.—That there should be two Primary School Leagues, to be known as the Northern and Southern Primary Leagues.

In 1910, the number of schools entering was so large that the classification was changed to Northern Senior League, Southern Senior League, Northern Junior League and Southern Junior League.

In 1913, an increase in the size of the leagues made the organization of a Western Junior League necessary.

BASE BALL LEAGUES AND TEAMS, 1915.

A total of 44 teams, divided into five leagues, represent the Newark Public Schools, as follows:

NORTHERN SENIOR LEAGUE.

South Eighth Street	Abington Avenue	South Market
Burnet Street	Summer Avenue	Eighteenth Avenue
Franklin	Ridge Street	

SOUTHERN SENIOR LEAGUE.

Cleveland	Washington Street	Hawthorne
Madison	Bergen Street	Fourteenth Avenue
South Tenth Street	Miller Street	

WESTERN SENIOR LEAGUE.

Boys' Industrial	Central Avenue	Morton Street
Newton Street	West Side	Garfield
Sussex Avenue		

NORTHERN JUNIOR LEAGUE.

Webster Street	Abington Avenue	Eliot Street
Roseville Avenue	Summer Avenue	Garfield
Franklin	Ridge Street	

WESTERN JUNIOR LEAGUE.

Burnet Street	Seventh Avenue	West Side
Newton Street	Central Avenue	Fourteenth Avenue
Sussex Avenue		

SOUTHERN JUNIOR LEAGUE.

Cleveland	Bergen Street	Hawthorne
Madison	Miller Street	South Market Street
Morton Street	Monmouth	

Rules for Governing the Base Ball Leagues of the Newark Public School Athletic Association

RULE No. 1. The City shall be divided into two districts for the present, and the names of the two leagues shall be the Northern District League and the Southern District League. And these leagues shall be divided into Juniors and Seniors. The northern Juniors will be divided into northern Juniors and western Juniors.

RULE No. 2. The District League may have as officers a President, Vice-President, Secretary and Treasurer. The last two offices may be held by one man.

RULE No. 3. The President must be selected from the principals of the city schools. The remaining officers may be selected from the students.

RULE No. 4. A schedule of games, never more than two a week, shall be made by the presidents of the District Leagues and submitted to the Executive Committee of the Athletic Association for approval before the opening of the season.

RULE No. 5. The duties of the Presidents of the District Leagues shall be, beside those usually designated to this office, the selecting of umpires for the games, the providing and assignment of the base ball diamonds to the several teams, and the general oversight of the field of play during the contest.

RULE No. 6. The Vice-President, beside the usual duties of this office, shall aid and abet the authority of the President and may assist the President in selecting the umpires and assigning the diamonds.

RULE No. 7. The Secretary and Treasurer shall perform the usual duties of these offices.

RULE No. 8. All players must be eligible according to the rules of the Public School Athletic Association (See Rule 19).

RULE No. 9. Any team playing ineligible members may be dropped from the League in consequence.

RULE No. 10. The official ball shall be adopted each year by the Association. For the year 1915 Spalding's "No. 1RC" Ball shall be used exclusively in all games by the Junior League teams, and the Spalding "Official National League" Ball in all games played by the Senior teams.

RULE No. 11. At least one principal shall be in attendance to supervise each game.

RULE No. 12. On the field of play only the two captains shall

be recognized and any dispute arising shall be settled between these two men and the umpire.

RULE No. 13. The official rules shall be the playing rules adopted according to the national agreement for the year.

RULE No. 14. Before the opening of the game the balls must be submitted to the President of the League and to the umpire to be passed upon. A new ball is not required, but one satisfactory to these two gentlemen must be provided. Each team must furnish one.

RULE No. 15. All base balls must be purchased from the Secretary of the Association on order.

RULE No. 16. All banners or cups shall be provided by the Newark Public School Athletic Association and shall consist of pennants or cups.

RULE No. 17. Each school shall raise funds for the support of its base ball teams, and shall own and supply all uniforms, bats, balls and base ball paraphernalia.

RULE No. 18. All championship games of the Base Ball Leagues shall be played on the base ball diamonds of the Athletic Association, Branch Brook Park, Weequahic Park, or such other available fields as shall be approved of by the Executive Committee of the Association.

RULE No. 19. The senior team may be taken from any grades in the school. The junior team in Grammar and Primary Schools shall be made up of boys under 14 years of age. A junior boy when changed to a senior team can not play upon a junior team in any league game during the rest of the season, nor can a senior boy play on a junior team. All schools having more than six grades shall be classed as Grammar schools for purposes of base ball, soccer and basket ball. No boy may play on any two teams representing a school or schools unless such boy become ineligible through age during the playing season. In such case he may play on the next higher grade of team.

RULE No. 20. In Primary Schools the junior team may be taken from any grade of such school, but must be under fourteen years of age.

RULE No. 21. Any boy who receives money for playing in any sport shall be ineligible to play on the school teams.

RULE No. 22. Boys playing on any team must have been a member of the Newark Public Schools twelve weeks previous to the games.

RULE No. 23. There will be an entrance fee of one dollar for each team entered from a school. This money is for the purpose of purchasing trophies.

RULE No. 24. The names and ages of all players are to be sent to the Secretary before the season opens.

RULE No. 25. The winner of two games out of three in the play off for the City Championship shall receive the prize.

Pennant Winners of the Base Ball Leagues of the Newark Public School Athletic Association

1906.

Won by Franklin School.

1907.

Northern Championship—Newton Street
Southern Championship—Bergen Street

1908.

Northern Senior Championship—Franklin
Southern Senior Championship—Bergen Street
Junior League Championship—Franklin

1909.

Northern Senior Championship—Franklin
Southern Senior Championship—Miller Street
Northern Junior Championship—Newton Street.
Southern Junior Championship—Hawthorne Avenue

1910.

Northern Senior Championship—Alexander Street
Southern Senior Championship—Bergen Street
Northern Junior Championship—North Seventh Street
Southern Junior Championship—Hawkins Street
City Championship Senior—Alexander Street
City Championship Junior—North Seventh Street

1911.

Northern Senior Championship—Franklin
Northern Junior Championship—Elliott Street
Southern Senior Championship—South Market Street
Southern Junior Championship—Hawthorne Avenue
City Championship Senior—South Market Street
City Championship Junior—Elliott Street

1912.

Northern Senior Championship—Franklin
Northern Junior Championship—Newton
Southern Senior Championship—Hawthorne Avenue
Southern Junior Championship—Bergen
City Championship Senior—Hawthorne
City Championship Junior—Newton

1913.

Northern Senior Championship—Boys' Industrial
Northern Junior Championship—Central Avenue
Southern Senior Championship—Miller Street
Southern Junior Championship—Bergen Street
Western Junior Championship—Franklin
City Championship Senior—Boys' Industrial
City Championship Junior—Franklin

1914.

Northern Senior Championship—Boys' Industrial
Northern Junior Championship—Seventh Avenue
Southern Senior Championship—Morton Street
Southern Junior Championship—Morton Street
Western Junior Championship—Franklin
City Senior Championship—Boys' Industrial
City Junior Championship—Morton Street

Rules Governing Basket Ball Leagues of the Newark Public School Athletic Association

RULE 1. A. A. U. Rules shall govern play. Exception:—Junior halves shall be of 15 minutes duration; Senior halves shall be, one of 20 minutes duration, one of 15 minutes duration.

In November, 1912, an Intermediate Basket Ball League was formed for boys under 15 years of age.

RULE 2. The rule for membership in senior and junior basket ball shall be the same as in base ball and foot ball.

RULE 3. Rules of conduct shall be the same as those that govern all entries in the Newark Public School Athletic Association.

RULE 4. Spalding's "Official" Basket Ball shall be used in all games.

RULE 5. There shall be an entrance fee of one dollar for each team entered from a school. This money is for the purpose of procuring trophies.

RULE 6. The names and ages of all players are to be sent to the Secretary before the season opens.

RULE 7. The games of the League shall all be played before the opening of the February term.

RULE 8. The winner of two games out of three in the play off for the City Championship shall receive the prize.

RULE 9. No boy may play on any two teams representing a school or schools unless such boy become ineligible through age during the playing season. In such case he may play on the next higher grade of team.

RULE 10. A player injured may return to game at any time.

TEAMS OF 1914-1915.

SENIORS.

Newton Street	Central Avenue	Monmouth Street
Summer Avenue	Eighteenth Avenue	Boys' Industrial
Montgomery	Washington Street	Sussex Avenue
Morton		

JUNIORS.

Newton	Belmont	Morton
Madison	Warren	Burnet

INTERMEDIATE.

Monmouth	Belmont	Morton
Central	Burnet	Fourteenth Avenue
Madison	Sussex	



1, Wood; 2, Dodson, Capt.; 3, Hermann; 4, Orthenberger; 5, Taylor; 6, E. F. Moller, Dir.
MADISON SCHOOL BASKET BALL TEAM,
Intermediate City Champions.

Pennant Winners of the Basket Ball Leagues of the Newark Public School Athletic Association

1909-1910.

Senior Championship—Belmont Avenue

Junior Championship—Belmont Avenue

1910-1911

Northern Senior Championship—Eighteenth Avenue

Southern Senior Championship—Belmont Avenue

Northern Junior Championship—Eighteenth Avenue

Southern Junior Championship—Belmont Avenue

City Senior Championship—Belmont Avenue

City Junior Championship—Belmont Avenue

1911-1912

Northern Senior Championship—Boys' Industrial

Southern Senior Championship—Belmont Avenue School

Northern Junior Championship—Newton Street School.

Southern Junior Championship—Hawthorne Avenue

City Senior Championship—Belmont Avenue

City Junior Championship—Hawthorne Avenue

1912-1913

Senior Championship—Boys' Industrial

Northern Junior Championship—Morton

Southern Junior Championship—Madison

Intermediate Northern Championship—Morton

Intermediate Southern Championship—Belmont

City Championship Senior—Boys' Industrial

City Championship Intermediate—Morton

City Championship Junior—Morton

1913-1914

Senior Championship—Boys' Industrial

Intermediate Central Championship—Morton Street

Intermediate Southern Championship—Madison

City Championship Intermediate—Madison

Championship Junior—Morton Street

1914-1915

Northern Senior Championship—Boys' Industrial

Southern Senior Championship—Montgomery

City Senior Championship—Montgomery

City Intermediate Championship—Madison

City Junior Championship—Belmont Avenue



1, Kaplus; 2, Mr. R. Lattimer, Coach; 3, Golden; 4, Schenkel; 5, Jacobson; 6, Richman.

MONTGOMERY SCHOOL SENIOR BASKET BALL TEAM.
City Champions.

Rules Governing Soccer Foot Ball Leagues of the Newark Public School Athletic Association

RULE No. 1. A. A. U. rules shall govern the play.

RULE No. 2. The rule for membership in Senior and Junior Soccer Leagues shall be the same as in base ball.

RULE No. 3. Rules of conduct shall be the same as those that govern all entries in the Newark Public School Athletic Association.

RULE No. 4. Rules of Organization for Soccer Foot Ball shall be the same as those governing base ball.

RULE No. 5. Spalding's "Official" Soccer Foot Ball shall be used in all games.

RULE No. 6. There shall be an entrance fee of one dollar for each team entered from a school. This money is for the purpose of purchasing trophies.

RULE No. 7. The names and ages of all players are to be sent to the secretary before the season opens.

RULE No. 8. In playing the Championship games the halves shall be 20 minutes each.

RULE No. 9. Championship games will be decided in favor of the team winning any two of the first three; if other games are necessary the total number of points will be the determining factor.

RULE No. 10. No boy may play on any two teams representing a school or schools unless such boy become ineligible through age during the playing season. In such case he may play in the next higher grade of team.

TEAMS OF 1914.

SENIOR.	SOUTHERN.	JUNIOR.
Bergen Street School	Bergen Street School	
Hawthorne School	Hawthorne Avenue School	
Miller Street School	Miller Street School	
Morton	Morton	
Cleveland	Cleveland	

SENIOR.	NORTHERN.	JUNIOR.
Abington Avenue School	Central Avenue School	
Central Avenue School	Franklin School	
Franklin School	Abington Avenue School	
Sussex Avenue School	Sussex Avenue School	
Boys' Industrial School		
Burnet Street School		
Garfield School		

Pennant Winners of the Soccer Football Leagues of the Newark Public School Athletic Association

1908.

Championship won by Miller Street

1909

Senior Championship won by Franklin

Junior Championship won by Bergen Street

1910-1911

Northern Senior Championship—Franklin

Northern Junior Championship—Franklin

Southern Senior Championship—Bergen Street

Southern Junior Championship—Miller Street

City Championship Senior—Franklin

City Championship Junior—Franklin

1911-1912

Northern Senior Championship—Franklin

Northern Junior Championship—Franklin

Southern Senior Championship—Hawthorne Avenue

Southern Junior Championship—Hawthorne Avenue

City Championship Senior—Franklin

City Championship Junior—Franklin

1912-1913

Northern Senior Championship—Franklin

Northern Junior Championship—Franklin

Southern Senior Championship—Miller

Southern Junior Championship—Morton

City Championship Senior—Franklin

City Championship Junior—Morton

1913-1914

Northern Senior Championship—Franklin

Northern Junior Championship—Franklin

Southern Senior Championship—Hawthorne

Southern Junior Championship—Miller

City Championship Senior—Hawthorne

City Championship Junior—Miller

1914-1915.

Northern Senior Championship—Boys' Industrial

Northern Junior Championship—Central Avenue

Southern Senior Championship—Hawthorne

Southern Junior Championship—Hawthorne

City Senior Championship—Boys' Industrial

City Junior Championship—Central Avenue

Complete Tabulation of Points Scored in School Meet, 1914

	STANDARD EVENTS.		PRIZE EVENTS.		Grand Total Points.
	Boys' Total Points.	Girls' Total Points.	Boys' Total Points.	Girls' Total Points.	
Abington	61	51	8	2	122
Alexander	10	10
Avon	55	26	81
Belmont	32	22	54
Bergen	143	53	6	..	202
Bruce	10	20	30
Burnet	22	48	2	..	72
Boys' Industrial...	117	...	21	..	138
Camden	8	3	1	..	12
Central	123	...	15	..	138
Chestnut	15	15
Charlton	23	23
Cleveland	51	38	1	10	100
Eliot	36	5	5	..	46
Fifteenth Avenue...	25	7	32
Fourteenth Avenue	164	96	11	8	279
Franklin	227	72	19	12	330
Hamburg Place ...	73	35	110
Hawthorne Avenue	56	44	13	..	113
Lawrence	13	8	21
Lincoln	14	26	40
Madison	155	184	23	6	368
Miller	147	62	14	18	241
Montgomery	23	24	47
Morton	211	94	12	..	317
Newton	33	56	89
North Seventh ...	39	20	5	2	66
Oliver	2	1	3
Peshine	23	7	4	..	34
Ridge	43	33	..	4	80
Roseville	53	23	..	2	78
Seventh Avenue ...	42	21	63
South Eighth	7	10	17
South Market	18	7	25
South Tenth	21	2	23
Summer Avenue ...	5	5
Summer Place ...	19	5	24
Sussex	300	126	44	16	486
Thirteenth Avenue.	19	...	3	..	22
Warren	22	18	40
Washington	72	37	109
Webster
West Side	26	8	34
City Home	43	...	12	..	55

Newark Public School Athletic Association

...Officers...

President, F. H. HANSON
Burnet Street School
Vice-President, A. J. GLENNIE
Miller Street School
Treasurer, C. L. WEST
Newton Street School
Secretary, S. H. McILROY
Madison School
Asst. Secretary, H. H. PHILLIPS
Roseville Avenue School
Asst. Sec., JAS. EGGENBERGER
Sussex Avenue School

Women's Advisory Committee

MISS RUTH E. HEALY
MRS. HENRY CAMPTON
MRS. BEATRICE M. STERN
FLORENCE E. VOORHEES, M.D.
MISS KATHERINE QUINN



...Executive Committee...

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Abington Avenue School
A. J. GLENNIE
Miller Street School
J. A. D'ANGOLA
Athletic Director
B. C. MINER
Central Avenue School
RANDALL D. WARDEN
Physical Director, City Hall
C. A. BROWNELL
Summer Avenue School
H. H. PHILLIPS
Roseville Avenue School
CHAS. A. MacCALL
Director of Compulsory
Education
JAS. E. DOUGAN
Boys' Industrial School

NEWARK, N. J., March 31, 1915

A. G. Spalding & Bros.,
589 Broad Street, Newark, N. J.

Gentlemen:

At the meeting of the Executive Committee of
the Newark Public School Athletic Association, the
goods of A. G. Spalding & Bros. were adopted as Official
for the Newark schools.

Yours very truly,

Sec'y.

ACCEPT NO
SUBSTITUTE

THE SPALDING



TRADE-MARK

GUARANTEES
QUALITY

SPALDING OLYMPIC CHAMPIONSHIP SHOES

All of these shoes are hand made. Finest kangaroo leather uppers and best white oak leather soles. They are the same style shoes that we supplied to the American athletes who were so successful at the last Olympic Games, and they are worn in competition by all prominent athletes in this country.

Spalding "Monitor" Sprint Running Shoes

Patent applied for.

No. 3-0



No. 3-0. Lightest running shoe made. Hand made spikes. Especially for 100 and 220 yards races. Strictly bench made throughout. . . Pair, \$6.00

Spalding "Olympic Championship" Short Distance Running Shoes

No. 2-0. Extremely light and glove fitting. Hand made steel spikes firmly riveted on. Worn by all champions for short distances, especially 440 and 880 yards and 1 mile races. Pr., \$6.00

No 2-0



The uppers and soles of all Running and Jumping Shoes should be kept soft and pliable by using SPALDING "DRI-FOOT" PREPARATION. It prevents deterioration of the leather due to perspiration. Can, 15 cents.

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All of these shoes are hand made. Finest kangaroo leather uppers and best white oak leather soles. They are the same style shoes that we supplied to the American athletes who were so successful at the last Olympic Games, and they are worn in competition by all prominent athletes in this country.



No. 14C



Spalding "Olympic Championship" Long Distance Running Shoes

No. 14C. For long distance races on athletic tracks. Low, broad heels, flexible shanks. Hand made steel spikes in soles. No spikes in heels. Pair, \$5.00

Spalding "Olympic Championship" Jumping Shoes

No. 14H. Specially stiffened soles. Hand made steel spikes placed as suggested by champion jumpers. Also correct shoes for shot putting, weight and hammer throwing. . . Pair, \$6.00



No. 14H



The uppers and soles of all Running and Jumping Shoes should be kept soft and pliable by using SPALDING "DRI-FOOT" PREPARATION. It prevents deterioration of the leather due to perspiration. Can, 15 cents.

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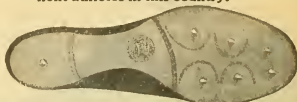
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SPALDING OLYMPIC CHAMPIONSHIP SHOES

All of these shoes are hand made. Finest kangaroo leather uppers and best white oak leather soles. They are the same style shoes that we supplied to the American athletes who were so successful at the last Olympic Games, and they are worn in competition by all prominent athletes in this country.



No. 14F



Spalding "Olympic Championship"
Hurdling Shoes

No. 14F. Same last as our Sprint Running Shoes. Hand made steel spikes. Perfect for hurdling. To order only. Not carried in stock. Pair, \$6.00



No. 14V



Spalding "Olympic Championship"
Pole Vaulting Shoes

No. 14V. High cut; special last. Supplied to record holders. Hand made steel spikes in soles. One spike in heels. To order only. Not carried in stock. Pair, \$6.00



No. 14W



Spalding "Olympic Championship"
Walking Shoes

No. 14W. For competition and match races. These shoes same as used by all champion walkers. Pair, \$5.00

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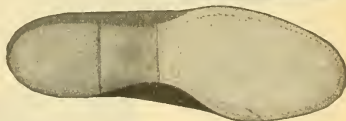
Spalding [®] MARATHON "Μαράθων" Long Distance Running Shoes

No. MH. High cut,
but light in weight.
Well finished inside
so as not to hurt the
feet in a long race.
Special leather soles,
will not wear smooth,
light leather heels;
special quality black
calfskin uppers.
Hand sewed.

Pair, \$5.00



No. MH



No. MO



No. MO. Low cut.
Blucher style. Other-
wise same as No. MH.
Pair, \$5.00

Keep the uppers of all
running shoes soft and
pliable by using Spalding
"Dri-Foot." It will greatly
add to the wear of shoes.
Can, 15c.

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No. 10

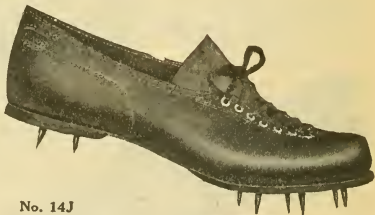


Spalding Outdoor Running Shoes

No. 10. Fine quality calfskin; light weight. Bench made. Hand made steel spikes.

Pair, \$5.00

Spalding Outdoor Jumping Shoes



No. 14J



No. 14J. Good quality calfskin; machine made. Satisfactory quality; durable. Steel spikes. Pair, \$4.50

For Indoor Shoes, especially when the feet perspire, the uppers should be kept soft and pliable with Spalding "Dri-Foot." It will extend the life of shoes. Can, 15c.

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Spalding Outdoor Running Shoes



No. 11T

No. 11T. Calfskin,
machine made; solid
leather tap sole holds
spikes firmly in place.

Pair, **\$4.50**

★ **\$48.60 Doz.**



No. 11. Chrome lea-
ther, machine made.

Pair, **\$3.50**

★ **\$37.80 Doz.**

Juvenile Outdoor Running Shoes

No. 12. Leather,
good quality, com-
plete with spikes.
Sizes, 12 to 5 only.

Pair, **\$3.00**



No. 11



*The prices printed in ital-
ics opposite items marked
with ★ will be quoted only
on orders for one-half-
dozen or more. Quantity
prices NOT allowed on
items NOT marked with ★*

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Spalding Indoor Running and Jumping Shoes



No. 111

Spalding Indoor Running Shoes

No. 111. Calfskin,
special corrugated
rubber soles, with
spikes. Pair, \$4.50

DON'T PUT OIL ON
RUBBER SOLES

Spalding Indoor Jumping Shoes

No. 210. Hand made.
Calfskin uppers; rub-
ber tap soles and
rubber heels.

Pair, \$5.00

Keep the uppers of all
running shoes soft and
pliable by using Spalding
"Dri-Foot." It will greatly
add to the wear of shoes,
Can, 15c.



No. 210



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Spalding Indoor Running Shoes



No. 112

No. 112. Good leather; rubber tap soles. No spikes.

Per pair, **\$3.50**

★ **\$39.00 Doz.**

No. 114. Leather uppers; rubber tap soles. No spikes.

Per pair, **\$3.00**

★ **\$33.00 Doz.**

For Indoor Shoes, especially when the feet perspire, the uppers should be kept soft, and pliable with Spalding "Dri-Foot." It will extend the life of shoes. . . . Can, 15c.

Juvenile Indoor Running Shoes

No. 115. Leather, good quality, without spikes. Sizes, 12 to 5 only. Per pair, **\$2.50**

The prices printed in italics opposite items marked with ★ will be quoted only on orders for one-half dozen or more. Quantity prices NOT allowed on items NOT marked with ★

**DON'T PUT OIL ON
RUBBER SOLES**



No. 114



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SPALDING CHAMPIONSHIP HAMMERS

WITH BALL BEARING SWIVEL—Patented May 15, 1900

Used by the World's Record Holder, Pat Ryan. The Spalding Championship Hammer has been used exclusively by all the leading hammer throwers, including the record holders, for years past. The benefits of the ball bearing construction will be quickly appreciated by all hammer throwers. Special quality steel wire handle, with double triangle handpieces. Guaranteed absolutely correct in weight. Lead ball.

No. 12F. 12-lb., without sole leather case. Ea., \$4.50 No. 16F. 16-lb., without sole leather case. Ea., \$5.00
No. L. Leather case, to hold either 12 or 16 lb. hammer. Each, \$2.00

EXTRA WIRE HANDLES

No. MG. For championship hammers. Single grip style. Each, \$2.00

Spalding Regulation Hammer, with Wire Handle IRON—Guaranteed Correct in Weight
No. 12IH. 12-lb., iron, practice. Each, \$3.50 No. 16IH. 16-lb., iron, regulation. Each, \$3.75

EXTRA WIRE HANDLES—For Regulation Hammers

No. FH. Improved design, large grip, heavy wire. Each, 75c.

Spalding Rubber Covered Indoor Shot Patented December 19, 1905

Made on scientific principles; perfectly round; gives a fine grip, and has the proper resiliency when it comes in contact with floor; will wear longer than the ordinary leather covered; no possibility that the lead dust will sift out; always full weight.

No. P. 16-lb. Each, \$12.00 | No. Q. 12-lb. Each, \$10.00

Spalding Indoor Shot

With improved leather cover. Our special method of construction prevents loss of weight, even when used constantly.

No. 3. 12-lb. Each, \$6.50
No. 4. 16-lb. " 7.50.

Regulation 56-lb. Weight

No. 2. Used and endorsed by all weight throwers. Lead. Packed in box, guaranteed correct in weight. Complete, \$12.00

Tambourine

No. 1. Required when throwing 56-lb. weight for height. Each, \$10.00

Regulation Shot—Lead and Iron

Guaranteed Correct in Weight

No. 16LS. 16-lb., lead. \$3.50 No. 12IS. 12-lb., iron. \$1.50
No. 12LS. 12-lb., lead. 3.00 No. 24LS. 24-lb., lead. 6.00
No. 16IS. 16-lb., iron. 1.75 No. 24IS. 24-lb., iron. 5.00

Hammer Throw Cage

To protect judges and spectators from any accident that might be liable to occur in the throwing of the hammer. One-third of circumference of cage is left open in direction in which hammer is thrown. Cage is made of 1/4-inch crimped wire, in sections 8 feet long by 7 feet high, supported by heavy iron posts set four feet into the ground in concrete bases. Complete (shipping weight 1000 lbs.), packed for shipment f.o.b. Boston.

Spalding Juvenile Athletic Shot and Hammers

Made according to official regulations. Weights guaranteed accurate; records made with these implements will be recognized.

JUVENILE HAMMER—No. 8IH. 8-lb., Iron Juvenile Hammer. Each, \$2.50

JUVENILE SHOT

No. 26. 8-lb. Leather Covered Shot, for indoor, schoolyard and playground use. Each, \$5.00
No. 5. 5-lb. Leather Covered Shot, for indoor, schoolyard and playground use. " 4.00
No. 8IS. 8-lb. Solid Iron Shot, not covered. Each, \$1.25 | No. 5IS. 5-lb. Solid Iron Shot, not covered. " 1.00

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SPALDING VAULTING POLES

SPECIAL NOTE—It is our endeavor always to supply Athletic Equipment of the very highest quality, and which is at the same time made of the most satisfactory material and in the best possible manner for the purpose intended.

We have discontinued making Spruce Vaulting Poles because we find ourselves unable to recommend their use, owing to danger of breakage and possibility of serious injury to user. Bamboo poles we do recommend, having proven to our satisfaction that they are superior for vaulting to poles made of any wood we know of, and, furthermore, if they do break while in use, the danger of personal injury is very remote.

Spalding Bamboo Vaulting Poles

INDOOR AND OUTDOOR STYLES

Owing to differences in climatic conditions it is impossible to keep Bamboo Vaulting Poles from cracking. These cracks or season checks do not appreciably detract from the merits of the poles, except where they are continuous. Much of the real strength of the pole is in the joints. All of our tests would seem to prove that poles with season checks may be accepted as safe and durable, except where the season check is wide open and extends through several sections on one side. Very frequently such splits or season checks can be entirely closed by placing the pole in a damp place for a day or so.



INDOOR BAMBOO VAULTING POLES

Tape wound at short intervals. Thoroughly tested before leaving our factory. Fitted with special spike.

No. 10BV, 10 ft. Ea., \$4.00 | No. 14BV, 14 ft. Ea., \$6.00
No. 12BV, 12 ft. " 5.00 | No. 16BV, 16 ft. " 6.00



OUTDOOR BAMBOO VAULTING POLES

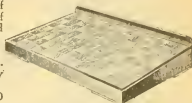
Tape wound at short intervals. Thoroughly tested before leaving factory. Rounded end wound with copper wire and soldered.

No. 100BV, 10 ft. Ea., \$4.00 | No. 104BV, 14 ft. Ea., \$6.00
No. 102BV, 12 ft. " 5.00 | No. 106BV, 16 ft. " 6.00

Indoor Pole Vaulting Board

No. 117. Made up of sectional blocks of wood placed on end so that the spike of the vaulting pole will not split them. Bound in by heavy wood frame.

Complete, \$16.00



Spalding Vaulting Standards

Substantially built and measurements are clearly and correctly marked.

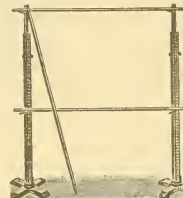
No. 109. Graduated in half inches, adjustable to 13 feet.

Complete, \$15.00

No. 111. Inch graduations, 7 feet high.

Complete, \$9.00

No. 112. Cross Bars, Hickory. Doz., \$3.00



No. C. Cord, with Weight Bags at either end, for use on Vaulting Standard. Each, \$2.00

Spalding Olympic Discus

Since Discus Throwing was revived at the Olympic Games, at Athens, 1896, the Spalding Discus has been recognized as the official Discus, and is used in all competitions because it conforms exactly to official rules. Exactly the same as used at Athens, 1906, London, 1908, Stockholm, 1912. Price, \$5.00

Spalding Youths' Discus

Officially adopted by the Public Schools Athletic League



To satisfy the demand for a Discus that will be suitable for the use of the more youthful athletes, we have put out a special Discus, smaller in size and lighter in weight than the regular Official size. The Youths' Discus is made in accordance with official specifications. Price, \$4.00

Spalding Official Javelins

To be thrown—not for vaulting. Vaulting Poles listed above.

No. 53. Swedish model, correct in length, weight, etc.; and of proper balance. Steel shod. Each, \$5.00

Competitors' Numbers

Printed on Heavy Manila Paper or Strong Linen

10

	Manila,	Linen,
	Set	Set
No. 1. 1 to 50. .	\$.25	\$2.50
No. 2. 1 to 75. .	.38	3.75
No. 3. 1 to 100. .	.50	5.00
No. 4. 1 to 150. .	.75	7.50
No. 5. 1 to 200. .	1.00	10.00
No. 6. 1 to 250. .	1.25	12.50

For larger meets we supply Competitors' Numbers, on Manila paper only, in sets as follows:

No. 7. 1 to 300. .	Set, \$1.50	No. 16. 1 to 1200. .	Set, \$6.00
No. 8. 1 to 400. .	" 2.00	No. 17. 1 to 1300. .	" 6.50
No. 9. 1 to 500. .	" 2.50	No. 18. 1 to 1400. .	" 7.00
No. 10. 1 to 600. .	" 3.00	No. 19. 1 to 1500. .	" 7.50
No. 11. 1 to 700. .	" 3.50	No. 20. 1 to 1600. .	" 8.00
No. 12. 1 to 800. .	" 4.00	No. 21. 1 to 1700. .	" 8.50
No. 13. 1 to 900. .	" 4.50	No. 22. 1 to 1800. .	" 9.00
No. 14. 1 to 1000. .	" 5.00	No. 23. 1 to 1900. .	" 9.50
No. 15. 1 to 1100. .	" 5.50	No. 24. 1 to 2000. .	" 10.00

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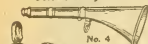


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Foster's Safety Hurdle



No. 4



No. 7

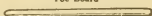
No. 2



Take-Off Board



Toe Board



No. 1 Baton



No. L



No. 1



No. 5



No. 111B Tape



7-foot Circle



No. 1
Thigh Straps



No. MS Sacks



No. A
Steel
Tape



No. 1B

Patented May 24, 1902

Foster's Patent Safety Hurdle

The frame is 2 feet 6 inches high, with a swinging wooden hurdle 2 feet high, the swinging joint being 6 inches from one side and 18 inches from the other. With the short side up it measures 2 feet 6 inches from the ground, and with the long side up, 3 feet 6 inches. The hurdle can be changed from one height to the other in a few seconds, and is held firmly in either position by a clamp lever.

Single hurdle, \$3.50

Spalding 7-Foot Circle

The discus, shot and weights are thrown from the 7-foot circle. Made of one-piece band iron, with welded joints. Circle painted white. Each, \$10.00

Spalding Take-off Board

The Take-off Board is used for the running broad jump, and is a necessary adjunct to the athletic field. Regulation size; painted gray. Each, \$3.00

Spalding Toe Board or Stop Board

Used when putting the 16-lb. shot, throwing weights and discus, and is curved on the arc of a 7-foot circle. Toe Board, regulation size, painted gray and substantially made. Each, \$3.50

Spalding Referees' Whistles

- No. 7. Nickel-plated, heavy metal whistle. The most satisfactory and loudest of any. Each, 35c.
- No. 4. Horn Whistle, nickel-plated, heavy metal. " 75c.
- No. 3. Nickel-plated, special deep tone. " 75c.
- No. 2. Very reliable. Popular design. " 25c.

Spalding Lanes for Sprint Races

No. L. We supply in this set sufficient stakes and cord to lay out four 100-yard lanes. Stakes are made with pointed ends and sufficiently strong, so that they can be driven into hard ground. Set, \$15.00

Official Harness for Three-Legged Racing

Made according to official rules. Complete set of straps for fastening men, and with extra straps for keeping fastenings at required height in long distance races.

No. 1. Official Harness for Three-Legged Racing. Set, \$2.50

We supply everything needed to fit out an athletic field in proper shape, in addition, to everything needed by officials in charge. Write us about anything required but which is not listed on this page. And in the United States.

Spalding Official Sacks for Sack Races

REINFORCED

Spalding Official Sacks for Sack Races are made in two sizes, for men and boys. Are all strongly reinforced, will wear for a great length of time, and by their construction it is practically impossible for racers to work their feet free. These sacks are made in exact accordance with official regulations. No. MS. Men's Sack, reinforced, 3 ft. wide. Each, \$1.50
No. BS. Boys' Sack, reinforced, 2½ ft. wide. " 1.00

Spalding Official Batons for Relay Races

No. 1. Correct size, length and weight. Each, 15c.

Patent Steel Tape Chain on Patent Electric Reel

For Measuring Distances in Athletic Competitions. Superior steel about ¼ inch wide. The reel allows the entire tape open to dry and can be reeled and unreel as easily as tapes in cases. Especially adapted to lay off courses and long measurements. Last foot only marked in inches. No. 1B. 100 ft. long. Ea., \$5.00 | No. 11B. 200 ft. long. Ea., \$7.50

Official Athletic Steel Measuring Tape

No. 11B. 300 feet long; has etched markings throughout; feet, inches and eighths. Complete on reel, with convenient wood handle. Each, \$16.50

Patent "Angle" Steel Measuring Tape

Especially adapted for laying off base ball diamonds, tennis courts and all kinds of athletic fields, both outdoors and indoors. Right angles accurately determined; also equally good for straight or any kind of measuring. Enclosed in hard leather case, flush handles. All mountings nickel-plated. No. A. 50 feet long, ¾ inch wide. Each, \$4.00
No. B. 100 feet long, ¾ inch wide. " 6.75

Spalding Stop Watches

No. S. Combined Chronometer and Stop Watch. Keeps good time and in addition to regular hands has split second hand. A very satisfactory time-piece as well as a useful article for athletes. Supplied on special orders only. Each, \$15.00

No. 1. Stem winder, nickel-plated case, porcelain dial, registered to 60 seconds by 1.5 seconds, fly back engaging and disengaging mechanism. Each, \$7.50

We are the "official outfitters" for all organized athletic.

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SPALDING KNIT ATHLETIC SHIRTS



No. 600. Each, \$1.25

Spalding Sleeveless Shirts

No. 600. Worsted. Carried in stock in Gray, White, Navy Blue, Maroon, and Black. Each, \$1.25 ★ \$13.50 Doz.
No. 6E. Sanitary cotton. Bleached White, Navy Blue, Black, Maroon or Gray. . . Each, 50c. ★ \$5.40 Doz.

Spalding Quarter Sleeve Shirts

No. 601. Worsted. Carried in stock in Gray, White, Navy Blue, Maroon, Black. Each, \$1.50 ★ \$16.20 Doz.
No. 6F. Sanitary cotton. Bleached White, Navy Blue, Black, Maroon or Gray. . . Each, 50c. ★ \$5.40 Doz.

Spalding Rowing Shirt

No. YR. Sanitary Cotton. Quarter sleeve. Supplied in White with any color silk binding around neck and sleeves and down front. On special order only. Each, \$1.25 ★ \$13.50 Doz.



No. 601NV. Each, \$1.75

No. 601NV. Worsted. Quarter sleeves. V-neck. With stripes around neck and sleeves. Supplied on special orders only, one color body, two colors striping (any colors). Each, \$1.75 ★ \$19.20 Doz.
No. 601N. Same as No. 601NV, but round instead of V-neck. Special orders only. . . Each, \$1.75 ★ \$19.20 Doz.

PRICES SUBJECT TO CHANGE WITHOUT NOTICE.



No. 600S. Each, \$1.50

Spalding Sleeveless Shirts

No. 600S. Worsted, with 6-inch stripe around chest, carried in stock in following combinations of colors: Navy with White stripe, Black with Orange stripe, Maroon with White stripe, Black with Red stripe, Gray with Cardinal stripe. Each, \$1.50 ★ \$16.20 Doz.
No. 6ES. Sanitary cotton, solid color body, with 6-inch stripe around chest, in same combinations of colors as No. 600S. . . Each, 75c. ★ \$8.10 Doz.

Woven Necklace on Shirts

Nos. 600, 601 or 600S Shirts, on special orders only, with necklace stitched on of different color to body of shirt, for an extra charge of \$1.00 per garment.



No. 600V. Each, \$1.25

No. 600V. Worsted, Sleeveless, V-neck. Supplied on special orders only, any color. . . Each, \$1.25 ★ \$13.50 Doz.
No. 600NV. Same as No. 600V, but any two colors striping around neck. Special orders only. Each, \$1.50 ★ \$16.20 Doz.
No. 600N. Same as No. 600NV, but round instead of V-neck. Special orders only. . . Each, \$1.50 ★ \$16.20 Doz.

The prices printed in italics opposite items marked with ★ will be quoted only on orders for one-half dozen or more at one time.

SPECIAL ORDERS

All shirts listed on this page we furnish in any colors on special order, at no extra charge. No more than two colors in any striped garment.



No. 600D. Each, \$2.00

Spalding Shirts, with Sash

No. 600D. Worsted, sleeveless, with woven sash of any color. Not carried in stock. . . Each, \$2.00 ★ \$21.60 Doz.
No. 6WD. Sanitary cotton, sleeveless, with woven sash. Same combinations of colors as No. 600S. Not carried in stock. . . Each, \$1.25 ★ \$13.50 Doz.
No. 6ED. Sanitary cotton, sleeveless, solid color body, with sash stitched on. Same combinations of colors as No. 600S. . . Each, 75c. ★ \$8.10 Doz.

Spalding Full Sleeve Shirts

No. 602. Good quality worsted. Solid colors. Special order only. Not carried in stock. . . Each, \$2.00 ★ \$21.60 Doz.
No. 3D. Cotton. Flesh, White, Black. Each, \$1.00 ★ \$13.50 Doz.



No. 12L. Each, \$2.50

Spalding Leotards

For Gymnasium Use, Wrestling, etc.

No. 12L. Combining athletic shirt and trunks. Good quality worsted. Not carried in stock. Supplied on special orders only in any color. Each, \$2.50

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SPALDING GYMNASIUM SHOES

Gymnasium Shoes must be comfortable and easy, yet fit snugly and give the wearer a sure footing—they must also be durable. Spalding Gymnasium Shoes possess all of these good qualities and, in addition, are reasonable in price.

No. 15
Correct
Shoes for
Boxing



No. 15. High cut, kangaroo uppers, genuine elk-skin soles. Will not slip on floor; extra light. The correct shoes to wear for boxing. Pair, \$5.00

No. 155



No. 155. High cut, elk-skin soles, and will not slip on floor; soft and flexible, women's and men's sizes. . . . Pair, \$4.50

No. 21



No. 166. Low cut, selected leather, extra light and electric soles; men's sizes only. Pair, \$3.00

No. 66L. Women's. Low cut, extra light, selected leather uppers. Electric soles. . . . Pair, \$3.00

No. 133



No. 90L. Women's. Low cut, black leather, electric soles and corrugated rubber heels. Pair, \$2.50

No. 21. High cut, black leather, electric soles. Sewed and turned, which makes shoes extremely light and flexible. Pair, \$2.50

No. 20. Low cut. Otherwise as No. 21. Sewed and turned shoes. Pair, \$2.00

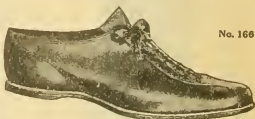
No. 20L. Women's. Otherwise as No. 20. Sewed and turned shoes. Pair, \$2.00

Spalding Special Bowling Shoes No. 133. Best selected drab chrome tanned leather uppers with corrugated rubber soles and flexible shank. A perfect bowling shoe and very satisfactory also for general gymnasium use. Pair, \$4.50

No. 148. For bowling and general gymnasium use. Light drab chrome tanned leather uppers with electric soles. Laces extremely low down. Pair, \$3.50



No. 166



No. 66L



No. 90L



No. 20



No. 148
Bowling
Shoe



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SPALDING BASKET BALL SHOES



No. BBS



Spalding "Sprinting" Basket Ball Shoes

No. BBS. Made with flexible shank, on same principle as on "sprinting" base ball and foot ball shoes. Extremely light in weight, well finished inside. Improved patented pure gum thick rubber suction soles, with reinforced edges, absolutely guaranteed to give satisfaction with reasonable use. Lace extremely far down. Uppers of best quality black genuine kangaroo leather. Light, flexible and durable. Strictly bench made. Supplied on special order only, not carried in stock. Pair, \$8.00 ★ \$7.50 Pair.

On orders for five pairs or more, price in italics, preceded by ★ will apply.

SPECIAL NOTICE—In a game like basket ball, which is played generally on board floors, there is a strain on the feet altogether different from that in almost any other athletic game, and to support this strain, properly made shoes with leather uppers and correctly shaped soles are absolutely necessary. It is a fact that players on many teams wear canvas top shoes and we supply in our No. P shoes, listed below, absolutely the best canvas top basket ball shoes ever made, and the same style as worn by some very successful teams, but from our long experience in catering to athletes and watching closely, as we have done, the development of basket ball and its effects on the physical condition of players, we cannot consistently recommend canvas top shoes for any athletic use and especially not for basket ball.



No. AB

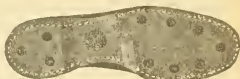


No. AB. High cut, drab calf, Blucher cut; heavy red rubber suction soles, superior quality.

Pair, \$5.00



No. BBL



No. BBL. Women's. High cut, black chrome leather, good quality red rubber suction soles. Pair, \$4.50



No. P



Spalding Special Canvas Top Basket Ball Shoes

Special quality soft rubber soles. These soles absolutely hold on the most slippery floor. Light weight, durable, correct in design. Sizes 5 to 11 only. No other sizes.

No. P. Pair, \$4.00 ★ \$39.00 Dozen pairs.

On orders for five pairs or more, price in italics, preceded by ★, will apply.

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The Spalding Official Basket Ball



**THE ONLY
OFFICIAL
BASKET BALL**

WE GUARANTEE

this ball to be perfect in material and workmanship and correct in shape and size when inspected at our factory. If any defect is discovered during the first game in which it is used, or during the first day's practice use, and, if returned at once, we will replace same under this guarantee. We do not guarantee against ordinary wear nor against defect in shape or size that is not discovered immediately after the first day's use.

Owing to the superb quality of our No. M Basket Ball, our customers have grown to expect a season's use of one ball, and at times make unreasonable claims under our guarantee, which we will not allow.

A. G. SPALDING & BROS.

OFFICIALLY ADOPTED AND STANDARD. The cover is made in four sections, with capless ends, and of the finest and most carefully selected pebble grain English leather. We take the entire output of this superior grade of leather from the English tanners, and in the Official Basket Ball use the choicest parts of each hide. Extra heavy bladder made especially for this ball of extra quality pure Para rubber (not compounded). Each ball packed complete, in sealed box, with rawhide lace and lacing needle, and guaranteed perfect in every detail. To provide that all official contests may be held under absolutely fair and uniform conditions, it is stipulated that this ball must be used in all match games of either men's or women's teams.

No. M. Spalding "Official" Basket Ball. Each, \$6.00

Extract from Men's Official Rule Book

RULE II—BALL.

SEC. 3. The ball made by A. G. Spalding & Bros. shall be the official ball. Official balls will be stamped as herewith, and will be in sealed boxes.

SEC. 4. The official ball must be used in all match games.



Extract from

Official Collegiate Rule Book

The Spalding Official Basket Ball No. M is the official ball of the Intercollegiate Basket Ball Association, and must be used in all match games.



Extract from Women's Official Rule Book

RULE II—BALL.

SEC. 3. The ball made by A. G. Spalding & Bros. shall be the official ball. Official balls will be stamped as herewith, and will be in sealed boxes.

SEC. 4. The official ball must be used in all match games.



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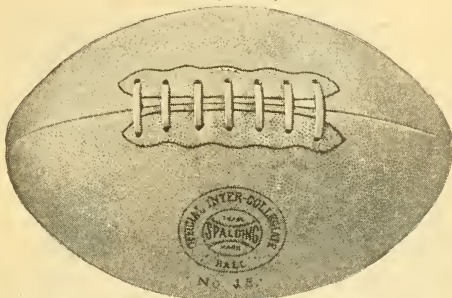


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The Official Intercollegiate Foot Ball

Patented September 12, 1911



THIS is the Only Official College Foot Ball, and is used in every important match played in this country. *Guaranteed absolutely if seal of box is unbroken.* Each ball complete in sealed box, including leather case, guaranteed pure Para rubber bladder (not compounded), lacing needle and rawhide lace.

No. J5. Each, \$5.00

WE GUARANTEE every No. J5 Spalding Foot Ball to be perfect in material and workmanship and correct in shape and size when inspected at our factory. If any defect is discovered during the first game in which it is used, or during the first day's practice use, and if returned at once, we will replace same under this guarantee. We do not guarantee against ordinary wear nor against defect in shape or size that is not discovered immediately after the first day's use. ¶ Owing to the superb quality of every Spalding Foot Ball, our customers have grown to expect a season's use of one ball, and at times make unreasonable claims under our guarantee which we will not allow.

A. G. Spalding & Bros

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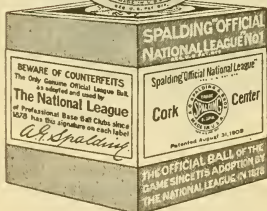
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The Spalding "Official National League" Ball

REG. U. S. PAT. OFF.

PATENT CORK CENTER

PATENTED AUGUST 31, 1909



Adopted by The National League in 1878 and is the only ball used in Championship games since that time and, as made now with Patent Cork Center, has been adopted for twenty years more, making a total adoption of fifty-four years,



This ball has the SPALDING "PATENT" CORK CENTER, the same as used since August 1, 1910, without change in size of cork or construction. Same ball exactly as used in World Series Games of 1910, 1911, 1912 1913 and 1914.

No. 1 { Each, - - \$1.25
Per Dozen, \$15.00

Each ball wrapped in tinfoil, packed in a separate box, and sealed in accordance with the latest League regulations. Warranted to last a full game when used under ordinary conditions.

THE SPALDING "OFFICIAL NATIONAL LEAGUE" BALL
HAS BEEN THE OFFICIAL BALL OF THE
GAME SINCE 1878

Spalding Complete Catalogue of Athletic Goods Mailed Free.

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SPALDING NEW ATHLETIC GOODS CATALOGUE

The following selection of items from Spalding's latest Catalogue will give an idea of the great variety of ATHLETIC GOODS manufactured by A. G. SPALDING & BROS. ∴ ∴ ∴ SEND FOR A FREE COPY.

SEE COMPLETE LIST OF SPALDING STORE ADDRESSES ON INSIDE FRONT COVER OF THIS BOOK

<p>Archery Ash Bars Athletic Library Attachm'ts, Chest Weight</p> <p>Backstops, Tennis Bags— Bat Bathing Suit Caddy Cricket Striking Tennis Uniform</p> <p>Base Basket Cricket Field Hockey Golf Hand Indoor Medicine Playground Squash Tennis Volley Water Polo Ball Cleaner, Golf Bandages, Elastic Bar Bells Bars, Horizontal Bases— Base Ball Indoor Bathing Suits Batons Bats— Base Ball Cricket Indoor</p> <p>Bating Cage, Base Ball Belts— Leather and Worsted Bladders— Basket Ball Striking Bag Blades, Fencing Blankets</p> <p>Caddy Badges Caps— Base Ball Knitted University Water Polo</p> <p>Center Forks, Iron Center Straps, Canvass Chest Weights Circle, Seven-Foot Clock Golf Corks, Running Covers, Racket Cricket Goods Cricket Goods Cross Bars</p> <p>Discs— Marking, Golf Discus, Olympic Disks, Striking Bag Dumb Bells</p>	<p>Emblems Embroidery Equestrian Polo Exercisers, Elastic</p> <p>Felt Letters Fencing Sucks Field Hockey Finger Protection Flags— Colleg. Marking Golf Foils, Fencing</p> <p>Glasses, Base Ball Sun Gloves— Base Ball Boxing Cricket Fencing Golf Hand Ball Glove Softener Goals— Basket Ball Golf Ball Washer Golf Clubs Golf Counters Collette Grips— Athletic Golf</p> <p>Gut Preservative, Tennis Guy Ropes and Pegs Gymn Suits, Women's</p> <p>Hammers, Athletic Handle Cover, Rubber Hangers for Indian Clubs Hats, University Health Pail Hob Nails Hole Cutter, Golf Hole Run, Golf Home Gymnasium Hurdles, Safety Hurley Goods</p> <p>Indian Clubs Inflators— Striking Bag</p> <p>Jackets, Fencing Javelina Jersays</p> <p>Knee Protectors</p> <p>Lacrosse Lanes for Sprinets Lawn Bowls</p>	<p>Leg Guards— Base Ball Cricket Field Hockey Leotards Letters Embroidered Felt Linenut</p> <p>Mallets— Cricket Croquet Equestrian Polo Rogue Markers— Tennis Golf Masks— Base Ball Fencing Mattresses Megaphones Mitts— Base Ball Striking Bag Monograms Muffers, Knitted</p> <p>Nets— Cricket Golf Driving Tennis Volley Ball</p> <p>Newcomb Numbers, Competitors</p> <p>Pads— Chamois, Fencing Sliding, Base Ball Wrestling Paint, Golf Pants— Base Ball Bathing, Knee Boys' Knee Running Pennants, College Plastrons, Fencing Plates— Base Ball Shoe Home Marking, Tennis Pitchers' Box Pitchers' Toe Treeing, Golf Platforms, Striking Bag Poles, Vaulting Polo, Equestrian Polo, Roller, Goods Posts— Backstop, Tennis Lawn Tennis</p>	<p>Protectors— Abdomen Base Ball Body Base Ball Bruise Indoor Base Ball Thumb Pulleys and Axle, Tennis Pushers— Chamois Leather Puttees, Golf</p> <p>Racket Covers Racket Presses Rackets, Lawn Tennis Rackets Restrains Racks, Golf Ball Rapiers Reels for Tennis Posts References' Whistle Rings— Exercising Swinging Rogue Rowing Machines</p> <p>Quota</p> <p>Sacks, for Sack Racing Sandbox Dumb Bells Score Books— Base Ball Basket Ball Cricket Golf Tennis Score Tablets, Base Ball Scoring Tree, Tennis Shirts— Athletic Base Ball Traiming Shoes— Acrobatic Base Ball Basket Ball Bowling Clog Cricket Cross Country Field Hockey Fencing Golf Gymnasium Jumping Outing Running Squash Street Tennis Walking</p>	<p>Shot— Athletic Indoor Skate Rollers Skates, Roller Slippers, Bathing Squash Goods Standards— Vaulting Volley Ball Straps— Base Ball For Three-Legged Race Spikes, Cricket Steel Cable, Tennis Net Sticks, Polo Stockings Stop Boards Striking Bags Stumps and Balls Suits— Gymn'm, Women's Swimming Supporters— Ankle Wrist Suspensions Sweat Band Sweaters Swivels, Striking Bag Swords— Duelling Fencing</p> <p>Take-Off Board Tape— Adhesive Cricket, Measuring Marking, Tennis Measuring Steel Tees, Golf Tether Tennis Tights— Athletic Full Full, Wrestling Knee Toe Boards Trapeze Trousers, Y.M.C.A. Trunks— Bathing Velvet Worsted Tug-of-War Belt</p> <p>Umbrella, Golf Empire's Chair, Tennis Empire Indicator Uniforms, Base Ball</p> <p>Wands, Calisthenic Watches, Stop Water Wings Weights, 36-lb. Whistles, References Wrestling Equipment Wrist Machines</p>
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PROMPT ATTENTION GIVEN TO
ANY COMMUNICATIONS
ADDRESSED TO US

A. G. SPALDING & BROS.
STORES IN ALL LARGE CITIES

FOR COMPLETE LIST OF STORES
SEE INSIDE FRONT COVER
OF THIS BOOK

Prices in effect January 5, 1915. Subject to change without notice. For Canadian prices see special Canadian Catalogue.

Standard Policy

A Standard Quality must be inseparably linked to a Standard Policy.

Without a definite and Standard Mercantile Policy, it is impossible for a Manufacturer to long maintain a Standard Quality.

To market his goods through the jobber, a manufacturer must provide a profit for the jobber as well as for the retail dealer. To meet these conditions of Dual Profits, the manufacturer is obliged to set a proportionately high list price on his goods to the consumer.

To enable the glib salesman, when booking his orders, to figure out attractive profits to both the jobber and retailer, these high list prices are absolutely essential; but their real purpose will have been served when the manufacturer has secured his order from the jobber, and the jobber has secured his order from the retailer.

However, these deceptive high list prices are not fair to the consumer, who does not, and, in reality, is not ever expected to pay these fancy list prices.

When the season opens for the sale of such goods, with their misleading but alluring high list prices, the retailer begins to realize his responsibilities, and grapples with the situation as best he can, by offering "special discounts," which vary with local trade conditions.

Under this system of merchandising, the profits to both the manufacturer and the jobber are assured; but as there is no stability maintained in the prices to the consumer, the keen competition amongst the local dealers invariably leads to a demoralized cutting of prices by which the profits of the retailer are practically eliminated.

This demoralization always reacts on the manufacturer. The jobber insists on lower, and still lower, prices. The manufacturer, in his turn, meets this demand for the lowering of prices by the only way open to him, viz.: the cheapening and degrading of the quality of his product.

The foregoing conditions became so intolerable that 16 years ago, in 1899, A. G. Spalding & Bros. determined to rectify this demoralization in the Athletic Goods Trade, and inaugurated what has since become known as "The Spalding Policy."

"The Spalding Policy" eliminates the jobber entirely, so far as Spalding Goods are concerned, and the retail dealer secures the supply of Spalding Athletic Goods direct from the manufacturer by which the retail dealer is assured a fair and legitimate profit on all Spalding Athletic Goods, and the consumer is assured a Standard Quality and is protected from imposition.

"The Spalding Policy" is decidedly for the interest and protection of the users of Athletic Goods, and acts in two ways:

First.—The user is assured of genuine Official Standard Athletic Goods.

Second.—As manufacturers, we can proceed with confidence in purchasing at the proper time, the very best raw materials required in the manufacture of our various goods, well ahead of their respective seasons, and this enables us to provide the necessary quantity and absolutely maintain the Spalding Standard of Quality.

All retail dealers handling Spalding Athletic Goods are requested to supply consumers at our regular printed catalogue prices—neither more nor less—the same prices that similar goods are sold for in our New York, Chicago and other stores.

All Spalding dealers, as well as users of Spalding Athletic Goods, are treated equally alike, and no special rebates or discriminations are allowed to anyone.

This briefly, is "The Spalding Policy," which has already been in successful operation for the past 16 years, and will be indefinitely continued.

In other words, "The Spalding Policy" is a "square deal" for everybody.

A. G. SPALDING & BROS.

By *A. G. Spalding*
PRESIDENT.

Standard Quality

An article that is universally given the appellation "Standard" is thereby conceded to be the criterion, to which are compared all other things of a similar nature. For instance, the Gold Dollar of the United States is the Standard unit of currency, because it must legally contain a specific proportion of pure gold, and the fact of its being Genuine is guaranteed by the Government Stamp thereon. As a protection to the users of this currency against counterfeiting and other tricks, considerable money is expended in maintaining a Secret Service Bureau of Experts. Under the law, citizen manufacturers must depend to a great extent upon Trade-Marks and similar devices to protect themselves against counterfeit products—without the aid of "Government Detectives" or "Public Opinion" to assist them.

Consequently the "Consumer's Protection" against misrepresentation and "inferior quality" rests entirely upon the integrity and responsibility of the "Manufacturer."

A. G. Spalding & Bros. have, by their rigorous attention to "Quality," for thirty-nine years, caused their Trade-Mark to become known throughout the world as a Guarantee of Quality as dependable in their field as the U. S. Currency is in its field.

The necessity of upholding the Guarantee of the Spalding Trade-Mark and maintaining the Standard Quality of their Athletic Goods, is, therefore, as obvious as is the necessity of the Government in maintaining a Standard Currency.

Thus each consumer is not only insuring himself but also protecting other consumers when he assists a Reliable Manufacturer in upholding his Trade-Mark and all that it stands for. Therefore, we urge all users of our Athletic Goods to assist us in maintaining the Spalding Standard of Excellence, by insisting that our Trade-Mark be plainly stamped on all athletic goods which they buy, because without this precaution our best efforts towards maintaining Standard Quality and preventing fraudulent substitution will be ineffectual.

Manufacturers of Standard Articles invariably suffer the reputation of being high-priced, and this sentiment is fostered and emphasized by makers of "inferior goods," with whom low prices are the main consideration.

A manufacturer of recognized Standard Goods, with a reputation to uphold and a guarantee to protect must necessarily have higher prices than a manufacturer of cheap goods, whose idea of and basis of a claim for Standard Quality depends principally upon the eloquence of the salesman.

We know from experience that there is no quicksand more unstable than poverty in quality—and we avoid this quicksand by Standard Quality.

A. G. Spalding & Bros

SPALDING

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A separate book covers every Athletic Sport
and is Official and Standard
Price 10 cents each

GRAND PRIZE



ST. LOUIS, 1904



GRAND PRIZE



PARIS, 1900

SPALDING
ATHLETIC GOODS
ARE THE STANDARD OF THE WORLD

A. G. SPALDING & BROS.

MAINTAIN WHOLESALE and RETAIL STORES in the FOLLOWING CITIES

NEW YORK	CHICAGO	ST. LOUIS
BOSTON	MILWAUKEE	KANSAS CITY
PHILADELPHIA	DETROIT	SAN FRANCISCO
NEWARK	CINCINNATI	LOS ANGELES
ALBANY	CLEVELAND	SEATTLE
BUFFALO	COLUMBUS	SALT LAKE CITY
SYRACUSE	ROCHESTER	INDIANAPOLIS
BALTIMORE	WASHINGTON	PITTSBURGH
LONDON, ENGLAND	ATLANTA	ST. PAUL
LIVERPOOL, ENGLAND	LOUISVILLE	DENVER
BIRMINGHAM, ENGLAND	NEW ORLEANS	DALLAS
MANCHESTER, ENGLAND	MONTREAL, CANADA	
BRISTOL, ENGLAND	TORONTO, CANADA	
EDINBURGH, SCOTLAND	PARIS, FRANCE	
GLASGOW, SCOTLAND	SYDNEY, AUSTRALIA	

Factories owned and operated by A. G. Spalding & Bros. and where all of Spalding Trade-Marked Athletic Goods are made are located in the following cities:

NEW YORK	CHICAGO	SAN FRANCISCO	CHICOPEE, MASS.
BROOKLYN	BOSTON	PHILADELPHIA	LONDON, ENG.